

1 CCRS PROFESSIONAL DEVELOPMENT NO SCHOOL	2 Meal of the Day General Tso's Chicken w/Rice Assorted Fresh Fruit Side Salad Ice Cold Milk	3 Meal of the Day Chicken Tikka Masala Assorted Fresh Fruit Garden Vegetable Blend Ice Cold Milk	4 Meal of the Day Chicken Tenders w/Roll Assorted Fresh Fruit Corn Ice Cold Milk	5 Meal of the Day Cheese Pizza Assorted Fresh Fruit Roasted Potatoes Ice Cold Milk
8 Meal of the Day Meatball Sub Assorted Fresh Fruit Mixed Vegetables Ice Cold Milk	9 Meal of the Day Cheese Quesadillas Assorted Fresh Fruit Green Peas Ice Cold Milk	10 Meal of the Day Beef Stir Fry w/Rice Hummus w/Pita Assorted Fresh Fruit Fresh Carrots Ice Cold Milk	11 NO SCHOOL K-5 Meal of the Day Chicken Sandwich Assorted Fresh Fruit Roasted Potatoes Ice Cold Milk	12 PARENT/TEACHER CONFERENCES NO SCHOOL
15 Meal of the Day Parmesan Chicken Sub Assorted Fresh Fruit Green Beans Ice Cold Milk	16 Meal of the Day General Tso's Chicken w/Rice Assorted Fresh Fruit Side Salad Ice Cold Milk	17 Meal of the Day Beef Goulash w/Noodles Assorted Fresh Fruit Garden Vegetable Blend Ice Cold Milk	18 Thanksgiving Meal Choice of One: Turkey or Ham w/Stuffing & Roll Assorted Fresh Fruit Mashed Potatoes Green Bean Casserole Ice Cold Milk	19 Meal of the Day Cheese Pizza Assorted Fresh Fruit Baked Beans Ice Cold Milk
22 Meal of the Day Teriyaki Chicken w/Rice Assorted Fresh Fruit Mixed Vegetables Ice Cold Milk	23 Meal of the Day Soft Tacos Assorted Fresh Fruit Green Peas Ice Cold Milk	24 Meal of the Day Beef Stir Fry w/Rice Assorted Fresh Fruit Fresh Carrots Ice Cold Milk	25 Meal of the Day Chicken Sandwich Assorted Fresh Fruit Roasted Potatoes Ice Cold Milk	26 CSI PROFESSIONAL DEVELOPMENT NO SCHOOL
29 Meal of the Day Parmesan Chicken Sub Assorted Fresh Fruit Green Beans Ice Cold Milk	30 Meal of the Day General Tso's Chicken w/Rice Assorted Fresh Fruit Side Salad Ice Cold Milk	December 1 Meal of the Day Chicken Tikka Masala Assorted Fresh Fruit Garden Vegetable Blend Ice Cold Milk	2 Meal of the Day Chicken Tenders w/Roll Assorted Fresh Fruit Corn Ice Cold Milk	3 Meal of the Day Cheese Quesadillas Assorted Fresh Fruit Roasted Potatoes Ice Cold Milk

Meal Prices:
Free of charge until the end of School Year

To participate in the Bahrain Student Meal Program, please purchase tickets at the NEX Customer Service Desk or provide cash during daily lunch service.

Visit www.mynavyexchange.com/smp for further SMP information.

