

Bahrain School Lunch Menu March 2020

<p>March 1</p> <p>Choice of One: Lasagna W/Garlic Roll Parmesan Chicken Sub</p> <p>Choice of Fruit: Fresh Melon Chilled Fruit Cup</p> <p>Choice of Vegetables: Green Beans Mixed Vegetables</p> <p>Choice of: Ice Cold Milk</p>	<p>2</p> <p>Choice of One: Spaghetti w/Garlic Bread General Tso's Chicken w/Rice</p> <p>Choice of Fruit: Fresh Apple Chilled Fruit Cup</p> <p>Choice of Vegetables: Side Salad Green Peas</p> <p>Choice of: Ice Cold Milk</p>	<p>3</p> <p>Choice of One: Chicken Tikka Masala Beef Goulash w/Noodles</p> <p>Choice of Fruit: Fresh Banana Chilled Fruit Cup</p> <p>Choice of Vegetables: Garden Vegetable Blend Fresh Carrots w/Dip</p> <p>Choice of: Ice Cold Milk</p>	<p>4</p> <p>Choice of One: Chicken Tenders w/Roll Nacho Salad</p> <p>Choice of Fruit: Fresh Grapes Chilled Fruit Cup</p> <p>Choice of Vegetables: Corn Cucumber & Tomato Cup</p> <p>Choice of: Ice Cold Milk</p>	<p>5</p> <p>Choice of One: Hot Dog Hamburger</p> <p>Choice of Fruit: Fresh Orange Chilled Fruit Cup</p> <p>Choice of Vegetables: Roasted Potatoes Baked Beans</p> <p>Choice of: Ice Cold Milk</p>
<p>8</p> <p>Choice of One: Teriyaki Chicken w/Rice Meatball Sub</p> <p>Choice of Fruit: Fresh Melon Chilled Fruit Cup</p> <p>Choice of Vegetables: Green Beans Mixed Vegetables</p> <p>Choice of: Ice Cold Milk</p>	<p>9</p> <p>Choice of One: Chicken Quesadillas Grilled Cheese w/Soup</p> <p>Choice of Fruit: Fresh Apple Chilled Fruit Cup</p> <p>Choice of Vegetables: Side Salad Green Peas</p> <p>Choice of: Ice Cold Milk</p>	<p>10</p> <p>Choice of One: Beef Stir Fry w/Rice Hummus w/Pita</p> <p>Choice of Fruit: Fresh Banana Chilled Fruit Cup</p> <p>Choice of Vegetables: California Vegetable Blend Fresh Carrots w/dip</p> <p>Choice of: Ice Cold Milk</p>	<p>11</p> <p>Choice of One: Chicken Sandwich BBQ Pulled Chicken</p> <p>Choice of Fruit: Fresh Grapes Chilled Fruit Cup</p> <p>Choice of Vegetables: Roasted Potatoes Cucumber & Tomato cup</p> <p>Choice of: Ice Cold Milk</p>	<p>12</p> <p>Choice of One: Supreme Pizza Chicken Caesar Wrap</p> <p>Choice of Fruit: Fresh Orange Chilled Fruit Cup</p> <p>Choice of Vegetables: Corn Baked Beans</p> <p>Choice of: Ice Cold Milk</p>
<p>15</p> <p>Choice of One: Lasagna W/Garlic Roll Parmesan Chicken Sub</p> <p>Choice of Fruit: Fresh Melon Chilled Fruit Cup</p> <p>Choice of Vegetables: Green Beans Mixed Vegetables</p> <p>Choice of: Ice Cold Milk</p>	<p>16</p> <p>Choice of One: Spaghetti w/Garlic Bread General Tso's Chicken w/Rice</p> <p>Choice of Fruit: Fresh Apple Chilled Fruit Cup</p> <p>Choice of Vegetables: Side Salad Green Peas</p> <p>Choice of: Ice Cold Milk</p>	<p>17</p> <p>Choice of One: Chicken Tikka Masala Beef Goulash w/Noodles</p> <p>Choice of Fruit: Fresh Banana Chilled Fruit Cup</p> <p>Choice of Vegetables: Garden Vegetable Blend Fresh Carrots w/Dip</p> <p>Choice of: Ice Cold Milk</p>	<p>18</p> <p>Choice of One: Chicken Tenders w/Roll Nacho Salad</p> <p>Choice of Fruit: Fresh Grapes Chilled Fruit Cup</p> <p>Choice of Vegetables: Corn Cucumber & Tomato Cup</p> <p>Choice of: Ice Cold Milk</p>	<p>19</p> <p style="text-align: center; color: red; font-weight: bold; font-size: 1.2em;">NO SCHOOL</p>
<p>22</p> <p>Choice of One: Teriyaki Chicken w/Rice Meatball Sub</p> <p>Choice of Fruit: Fresh Melon Chilled Fruit Cup</p> <p>Choice of Vegetables: Green Beans Mixed Vegetables</p> <p>Choice of: Ice Cold Milk</p>	<p>23</p> <p>Choice of One: Chicken Quesadillas Grilled Cheese w/Soup</p> <p>Choice of Fruit: Fresh Apple Chilled Fruit Cup</p> <p>Choice of Vegetables: Side Salad Green Peas</p> <p>Choice of: Ice Cold Milk</p>	<p>24</p> <p>Choice of One: Beef Stir Fry w/Rice Hummus w/Pita</p> <p>Choice of Fruit: Fresh Banana Chilled Fruit Cup</p> <p>Choice of Vegetables: California Vegetable Blend Fresh Carrots w/dip</p> <p>Choice of: Ice Cold Milk</p>	<p>25</p> <p>Choice of One: Chicken Sandwich BBQ Pulled Chicken</p> <p>Choice of Fruit: Fresh Grapes Chilled Fruit Cup</p> <p>Choice of Vegetables: Roasted Potatoes Cucumber & Tomato cup</p> <p>Choice of: Ice Cold Milk</p>	<p>26</p> <p>Choice of One: Supreme Pizza Chicken Caesar Wrap</p> <p>Choice of Fruit: Fresh Orange Chilled Fruit Cup</p> <p>Choice of Vegetables: Corn Baked Beans</p> <p>Choice of: Ice Cold Milk</p>
<p>29</p> <p>Choice of One: Lasagna W/Garlic Roll Parmesan Chicken Sub</p> <p>Choice of Fruit: Fresh Melon Chilled Fruit Cup</p> <p>Choice of Vegetables: Green Beans Mixed Vegetables</p> <p>Choice of: Ice Cold Milk</p>	<p>30</p> <p>Choice of One: Spaghetti w/Garlic Bread General Tso's Chicken w/Rice</p> <p>Choice of Fruit: Fresh Apple Chilled Fruit Cup</p> <p>Choice of Vegetables: Side Salad Green Peas</p> <p>Choice of: Ice Cold Milk</p>	<p>31</p> <p>Choice of One: Chicken Tikka Masala Beef Goulash w/Noodles</p> <p>Choice of Fruit: Fresh Banana Chilled Fruit Cup</p> <p>Choice of Vegetables: Garden Vegetable Blend Fresh Carrots w/Dip</p> <p>Choice of: Ice Cold Milk</p>	<p>April 1</p> <p>Choice of One: Chicken Tenders w/Roll Nacho Salad</p> <p>Choice of Fruit: Fresh Grapes Chilled Fruit Cup</p> <p>Choice of Vegetables: Corn Cucumber & Tomato Cup</p> <p>Choice of: Ice Cold Milk</p>	<p>2</p> <p>Choice of One: Hot Dog Hamburger</p> <p>Choice of Fruit: Fresh Orange Chilled Fruit Cup</p> <p>Choice of Vegetables: Roasted Potatoes Baked Beans</p> <p>Choice of: Ice Cold Milk</p>

Meal Prices:
Elementary: \$3.25
Secondary: \$3.50

To participate in the Bahrain Student Meal Program, please purchase tickets at the NEX Customer Service Desk or provide cash during daily lunch service.

Visit www.mynavvexchange.com/smp for further SMP information.

