





Sigonella Elementary Lunch Menu

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May 28	May 29	May 30	May 31	1
	Choice of One:	Choice of One:	Choice of One:	Choice of One:
NO SCHOOL	Ham & Cheese Melt	Tortellini w/Meat Sauce	Chicken Nuggets w/Roll	Cheese Pizza
	Baked Chicken w/Rice Pilaf	Veal Cotoletta w/Garlic Roll	Beef Burrito	Fish Sticks w/Mac & Cheese
MEMORIAL DAY	Choice of One Fruit:	Choice of One Fruit:	Choice of One Fruit:	Choice of One Fruit:
	Fresh Grapes	Fresh Apple	Fresh Banana	Fresh Orange
	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup
	Choice of Two Veg:	Choice of Two Veg:	Choice of Two Veg:	Choice of Two Veg:
	Side Salad	Sautéed Peas w/Bacon	Corn	Roasted Potatoes
	Mixed Vegetables	Baby Carrots w/Dip	Cucumber & Tomato Salad	Baked Beans
	Choice of:	Choice of:	Choice of:	Choice of:
	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk
4	5	6	7	8
Choice of One:	Choice of One:	Choice of One:	Choice of One:	Choice of One:
Lasagna	Soft Tacos	Gnocchi w/Tomato Sauce	Chicken Sandwich	Meatball Sub
Taco Salad	Grilled Chicken Salad w/Roll	Chicken Nuggets w/Roll	Asian Chicken Bowl	Breakfast for Lunch
Choice of One Fruit:	Choice of One Fruit:	Choice of One Fruit:	Choice of One Fruit:	Choice of One Fruit:
Fresh Mandarin	Fresh Grapes	Fresh Apple	Fresh Banana	Fresh Grapes
Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup
Choice of Two Veg:	Choice of Two Veg:	Choice of Two Veg:	Choice of Two Veg:	Choice of Two Veg:
Green Beans	Side Salad	Side Salad	Cucumber & Tomato Salad	Side Salad
Mixed Vegetables	Green Peas	Baby Carrots w/Dip	Steamed Broccoli	Green Peas
Choice of:	Choice of:	Choice of:	Choice of:	Choice of:
Ice Cold Milk	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk
11	12	13	14	
Choice of One:	Choice of One:	Choice of One:		
Jumbo Hot dog	Sloppy Joe	Pizza	LAST DAY OF	Have a safe and
Fish Sticks w/Mac & Cheese	Pasta w/Meat Sauce			happy summer!
	w/Garlic Roll	Choice of One Fruit:	SCHOOL!	
Choice of One Fruit:	Choice of One Fruit:	Assorted Fresh Fruit	EARLY RELEASE	
Assorted Fresh Fruit	Assorted Fresh Fruit	Chilled Fruit Cup		
Chilled Fruit Cup	Chilled Fruit Cup	Choice of Two Veg:		
Choice of Two Veg:	Choice of Two Veg:	Sautéed Peas w/Bacon		
Peas	Side Salad	Baby Carrots w/Dip		
Green Beans	Mixed Vegetables	Choice of:		~~~~
Choice of:	Choice of:	Ice Cold Milk	1	
Ice Cold Milk	Ice Cold Milk			1

Meal Prices: Elementary: \$2.75 Secondary: \$3.00



Pre-pay for your student's meal account online at <u>www.mypaymentsplus.com</u>

Visit <u>www.mynavyexchange.com/smp</u> for further SMP information.





Sigonella School Meals Menu June 2018



May 28	May 29	May 30	May 31	1
,	Choice of One:	Choice of One:	Choice of One:	Choice of One:
NO SCHOOL	Ham & Cheese Melt	Ranch Chicken Wrap	Cheese/Pepperoni Pizza	Burger Bar
	Baked Chicken w/Rice Pilaf	Tortellini w/Meat Sauce	Beef Burrito	5
MEMORIAL DAY	Choice of One Fruit:	Choice of One Fruit:	Choice of One Fruit:	Choice of One Fruit:
	Fresh Grapes	Fresh Apple	Fresh Banana	Fresh Orange
	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup
	Choice of Two Veg:	Choice of Two Veg:	Choice of Two Veg:	Choice of Two Veg:
	Side Salad	Sautéed Peas w/Bacon	Corn	Roasted Potatoes
	Mixed Vegetables	Baby Carrots w/Dip	Cucumber & Tomato Salad	Baked Beans
	Choice of:	Choice of:	Choice of:	Choice of:
	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk
4	5	6	7	8
Choice of One:	Choice of One:	Choice of One:	Choice of One:	Choice of One:
Chicken Tetrazzini w/Garlic Roll	Taco Bar	Pasta Bar	Chicken Sandwich	Meatball Sub
Grilled Chicken Salad w/Roll			Asian Chicken Bowl	Breakfast for Lunch
Choice of One Fruit:	Choice of One Fruit:	Choice of One Fruit:	Choice of One Fruit:	Choice of One Fruit:
Fresh Melon	Fresh Orange	Fresh Apple	Fresh Banana	Fresh Grapes
Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup
Choice of Two Veg:	Choice of Two Veg:	Choice of Two Veg:	Choice of Two Veg:	Choice of Two Veg:
Green Beans	Corn	Side Salad	Cucumber & Tomato Salad	Side Salad
Mixed Vegetables	Baked Beans	Baby Carrots w/Dip	Steamed Broccoli	Green Peas
Choice of:	Choice of:	Choice of:	Choice of:	Choice of:
Ice Cold Milk	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk
11	12	13	14	
Choice of One:	Choice of One:	Choice of One:		
Jumbo Hot dog	Sloppy Joe	Pizza		Have a safe and
Fish Sticks w/Mac & Cheese	Pasta w/Meat Sauce		LAST DAY OF	happy summer!
	w/Garlic Roll		SCHOOL!	
Choice of One Fruit:	Choice of One Fruit:	Choice of One Fruit:		
Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	EARLY RELEASE	~ ~ ~ ~ ~ ~
Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup		
Choice of Two Veg:	Choice of Two Veg:	Choice of Two Veg:		
Green Beans	Side Salad	Sautéed Peas w/Bacon		
Mixed Vegetables	Mixed Vegetables	Baby Carrots w/Dip		-77 ·
Choice of:	Choice of:	Choice of:		
Ice Cold Milk	Ice Cold Milk	Ice Cold Milk		

Meal Prices: Elementary: \$2.75 Secondary: \$3.00 MyPaymentsPlus" K12 eManagement Solution

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Sigonella School Meals Menu June 2018



	Su	re Start Lunch Me	nu	
May 28 NO SCHOOL MEMORIAL DAY	May 29 Choice of One: Ham & Cheese Melt Choice of One Fruit: Fresh Grapes Chilled Fruit Cup Choice of Two Veg: Side Salad Mixed Vegetables Choice of: Ice Cold Milk	May 30 Choice of One: Tortellini w/Meat Sauce Choice of One Fruit: Fresh Apple Chilled Fruit Cup Choice of Two Veg: Sautéed Peas w/Bacon Baby Carrots w/Dip Choice of: Ice Cold Milk	May 31 Choice of One: Chicken Nuggets w/Roll Choice of One Fruit: Fresh Banana Chilled Fruit Cup Choice of Two Veg: Corn Cucumber & Tomato Salad Choice of: Ice Cold Milk	1 Choice of One: Cheese Pizza Choice of One Fruit: Fresh Orange Chilled Fruit Cup Choice of Two Veg: Roasted Potatoes Baked Beans Choice of: Ice Cold Milk
4 Choice of One: Grilled Cheese Choice of One Fruit: Fresh Melon Chilled Fruit Cup Choice of Two Veg: Green Beans Mixed Vegetables Choice of: Ice Cold Milk	5 Choice of One: Cheeseburger Choice of One Fruit: Fresh Orange Chilled Fruit Cup Choice of Two Veg: Corn Baked Beans Choice of: Ice Cold Milk	6 Choice of One: Gnocchi w/Tomato Sauce Choice of One Fruit: Fresh Apple Valentine's Strawberries Choice of Two Veg: Side Salad Baby Carrots w/Dip Choice of: Ice Cold Milk	7 Choice of One: Chicken Sandwich Choice of One Fruit: Fresh Banana Chilled Fruit Cup Choice of Two Veg: Cucumber & Tomato Salad Steamed Broccoli Choice of: Ice Cold Milk	Have a safe and happy summer!





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Sigonella School Meals Menu June 2018



Sure Start Snack Menu

Sure Start Snacks are provided free of charge for all students enrolled in the local Sure Start Program.

May 28	May 29	May 30	May 31	1
NO SCHOOL	AM Snack:	AM Snack:	AM Snack:	AM Snack:
	Cheerios	French Toast	Croissant	Ants on a Log
MEMORIAL DAY	Milk	Milk	Grapes	Milk
	PM Snack:	PM Snack:	PM Snack:	PM Snack:
	Carrots w/Ranch	Raisins	Yogurt	Hot Dog
	Milk	String Cheese	Granola	Juice
4	5	6	7	Have a safe and
AM Snack:	AM Snack:	AM Snack:	AM Snack:	happy summer!
Applesauce	Cheese Toast	Banana	Apple	
Goldfish	Juice	Milk	Almond Butter	2.3
Milk				
	PM Snack:	PM Snack:	PM Snack:	
PM Snack:	Yogurt	Trail Mix	Chilled Diced Pears	
Bagel w/Cream Cheese	Grapes		String Cheese	
Mixed Fruit Salad				