





## W. T. Sampson Elementary School Lunch Menu

|                      | w. i. Sampson   | Elementary Scho              | ol Lunch Wenu                         |                            |  |  |
|----------------------|---|------------------------------|---------------------------------------|----------------------------|--|--|
| May 28               | May 29  | May 30                       | May 31                                | 1                          |  |  |
|                      | Choice of One:  | Choice of One:               | Choice of One:                        | Choice of One:             |  |  |
| NO SCHOOL            | Ranch Veg Chicken Wrap  | Chicken Adobo                | Chicken Tenders w/Roll                | Pepperoni Pizza            |  |  |
|                      | Grilled Chicken Salad   | w/Beans & Rice               |                                       |                            |  |  |
| MEMORIAL DAY         | w/Toasted Flatbread   |                              |                                       |                            |  |  |
|                      |   |                              |                                       | Choice of One Fruit:       |  |  |
|                      | Choice of One Fruit:  | Choice of One Fruit:         | Choice of One Fruit:                  | Fresh Orange               |  |  |
|                      | Fresh Apple   | Fresh Grapes                 | Fresh Banana                          | Chilled Fruit Cup          |  |  |
|                      | Chilled Fruit Cup   | Chilled Fruit Cup            | Chilled Fruit Cup                     | Choice of Two Veg:         |  |  |
|                      | Choice of Two Veg:  | Choice of Two Veg:           | Choice of Two Veg:                    | Steamed Broccoli           |  |  |
|                      | Corn  | Roasted Potatoes             | Mixed Vegetables                      | Baked Beans                |  |  |
|                      | Green Beans   | Baby Carrots w/Dip           | Cucumber & Tomato Salad               | Choice of:                 |  |  |
|                      | Choice of:  | Choice of:                   | Choice of:                            | Ice Cold Milk              |  |  |
|                      | Ice Cold Milk   | Ice Cold Milk                | Ice Cold Milk                         |                            |  |  |
| 4                    | 5   | 6                            | 7                                     | 8                          |  |  |
| Choice of One:       | Choice of One:  | Choice of One:               | Choice of One:                        | Choice of One:             |  |  |
| Hot Dog              | Spaghetti w/Meat Sauce  | Cheeseburger                 | Beef Burrito                          | Jerk Chicken w/Corn Muffin |  |  |
|                      | w/Garlic Roll   |                              | w/Mexican Rice                        | Cheeseburger               |  |  |
|                      | ,   |                              |                                       |                            |  |  |
| Choice of One Fruit: | Choice of One Fruit:  | Choice of One Fruit:         | Choice of One Fruit:                  | Choice of One Fruit:       |  |  |
| Fresh Melon          | Fresh Apple   | Fresh Grapes                 | Fresh Banana                          | Fresh Orange               |  |  |
| Chilled Fruit Cup    | Chilled Fruit Cup   | Chilled Fruit Cup            | Chilled Fruit Cup                     | Fresh Watermelon           |  |  |
| Choice of Two Veg:   | Choice of Two Veg:  | Choice of Two Veg:           | Choice of Two Veg:                    | Choice of Two Veg:         |  |  |
| Side Salad           | Corn  | Roasted Potatoes             | Mixed Vegetables                      | Grilled Corn on the Cob    |  |  |
| Green Peas           | Green Beans   | Baby Carrots w/Dip           | Cucumber & Tomato Salad               | Baked Beans                |  |  |
| Choice of:           | Choice of:  | Choice of:                   | Choice of:                            | Choice of:                 |  |  |
| Ice Cold Milk        | Ice Cold Milk   | Ice Cold Milk                | Ice Cold Milk                         | Ice Cold Milk              |  |  |
|                      |   |                              |                                       | END OF THE YEAR COOKOUT    |  |  |
| 11                   | 12  | 13                           | 14                                    | 15                         |  |  |
| Choice of One:       | Choice of One:  | Choice of One:               | Choice of One:                        | Choice of One:             |  |  |
| Chicken Tenders      | Soft Tacos  | Mac & Cheese and Fish Sticks | Teriyaki Chicken                      | Cheese Pizza               |  |  |
|                      |   |                              |                                       |                            |  |  |
| Choice of One Fruit: | Choice of One Fruit:  | Choice of One Fruit:         | Choice of One Fruit:                  | Choice of One Fruit:       |  |  |
| Fresh Melon          | Fresh Apple   | Assorted Fresh Fruit         | Assorted Fresh Fruit                  | Assorted Fresh Fruit       |  |  |
| Chilled Fruit Cup    | Chilled Fruit Cup   | Chilled Fruit Cup            | Chilled Fruit Cup                     | Chilled Fruit Cup          |  |  |
| Choice of Two Veg:   | Choice of Two Veg:  | Choice of Two Veg:           | Choice of Two Veg:                    | Choice of Two Veg:         |  |  |
| Side Salad           | Corn  | Roasted Potatoes             | Mixed Vegetables                      | Steamed Broccoli           |  |  |
| Green Peas           | Green Beans   | Baby Carrots w/Dip           | Cucumber & Tomato Salad               | Baked Beans                |  |  |
| Choice of:           | Choice of:  | Choice of:                   | Choice of:                            | Choice of:                 |  |  |
| Ice Cold Milk        | Ice Cold Milk   | Ice Cold Milk                | Ice Cold Milk                         | Ice Cold Milk              |  |  |
| 18                   |   | -                            |                                       | •                          |  |  |
| -                    |   |                              |                                       |                            |  |  |
| Last Day of School!  |   | ATTENTION W.T. S             | AMPSON PARENTS                        |                            |  |  |
|                      |   |                              |                                       |                            |  |  |
| No Lunch             | UNUSED stude  | nt meal tickets from th      | e 2017-2018 SY may be                 | turned in for a            |  |  |
|                      |   |                              | · · · · · · · · · · · · · · · · · · · |                            |  |  |
|                      | refund at NEX Customer Service through June 30, 2018. No further refunds will |                              |                                       |                            |  |  |
|                      | be accepted after June 30, 2018.  |                              |                                       |                            |  |  |
|                      |   |                              |                                       |                            |  |  |
|                      |   |                              |                                       |                            |  |  |
|                      |   |                              |                                       |                            |  |  |
|                      |   |                              |                                       |                            |  |  |





## Guantanamo Bay School Meals Menu June 2018

|   | W. T. Samps  | on High School L   | unch Menu   |  |
|---|--|--|---|--|
| May 28<br>NO SCHOOL<br>MEMORIAL DAY   | May 29<br>Choice of One:<br>Ranch Veg Chicken Wrap w/Sun Chips<br>Grilled Chicken Salad<br>w/Toasted Flatbread                       | May 30<br><b>Choice of One:</b><br>Chicken Adobo<br>w/Beans & Rice w/Cornbread   | May 31<br><b>Choice of One:</b><br>Chicken Tenders w/Roll   | 1<br>Choice of One:<br>Pepperoni Pizza<br>Choice of One Fruit:   |
|   | Choice of One Fruit:<br>Fresh Apple<br>Chilled Fruit Cup<br>Choice of Two Veg:<br>Corn<br>Green Beans<br>Choice of:<br>Ice Cold Milk | Choice of One Fruit:<br>Fresh Grapes<br>Chilled Fruit Cup<br>Choice of Two Veg:<br>Roasted Potatoes<br>Baby Carrots w/Dip<br>Choice of:<br>Ice Cold Milk         | Choice of One Fruit:<br>Fresh Banana<br>Chilled Fruit Cup<br>Choice of Two Veg:<br>Mixed Vegetables<br>Cucumber & Tomato Salad<br>Choice of:<br>Ice Cold Milk         | Fresh Orange<br>Chilled Fruit Cup<br><b>Choice of Two Veg:</b><br>Steamed Broccoli<br>Baked Beans<br><b>Choice of:</b><br>Ice Cold Milk  |
| 4<br><b>Choice of One:</b><br>Hot Dog   | 5<br>Choice of One:<br>Spaghetti w/Meat Sauce<br>w/Garlic Roll   | 6<br><b>Choice of One:</b><br>Cheeseburger   | 7<br><b>Choice of One:</b><br>Beef Burrito<br>w/Mexican Rice  | 8<br><b>Choice of One:</b><br>Jerk Chicken w/Corn Muffin<br>Cheeseburger   |
| Choice of One Fruit:<br>Fresh Melon<br>Chilled Fruit Cup<br>Choice of Two Veg:<br>Side Salad<br>Green Peas<br>Choice of:<br>Ice Cold Milk | Choice of One Fruit:<br>Fresh Apple<br>Chilled Fruit Cup<br>Choice of Two Veg:<br>Corn<br>Green Beans<br>Choice of:<br>Ice Cold Milk | Choice of One Fruit:<br>Fresh Grapes<br>Chilled Fruit Cup<br>Choice of Two Veg:<br>Roasted Potatoes<br>Baby Carrots w/Dip<br>Choice of:<br>Ice Cold Milk         | Choice of One Fruit:<br>Fresh Banana<br>Chilled Fruit Cup<br>Choice of Two Veg:<br>Mixed Vegetables<br>Cucumber & Tomato Salad<br>Choice of:<br>Ice Cold Milk         | Choice of One Fruit:<br>Fresh Orange<br>Fresh Watermelon<br>Choice of Two Veg:<br>Grilled Corn on the Cob<br>Baked Beans<br>Choice of:<br>Ice Cold Milk<br>END OF THE YEAR COOKOUT |
| 11<br><b>Choice of One:</b><br>Chicken Tenders  | 12<br>Choice of One:<br>Soft Tacos   | 13<br>Choice of One:<br>Mac & Cheese and Fish Sticks   | 14<br><b>Choice of One:</b><br>Teriyaki Chicken   | 15<br><b>Choice of One:</b><br>Cheese Pizza  |
| Choice of One Fruit:<br>Fresh Melon<br>Chilled Fruit Cup<br>Choice of Two Veg:<br>Side Salad<br>Green Peas<br>Choice of:<br>Ice Cold Milk | Choice of One Fruit:<br>Fresh Apple<br>Chilled Fruit Cup<br>Choice of Two Veg:<br>Corn<br>Green Beans<br>Choice of:<br>Ice Cold Milk | Choice of One Fruit:<br>Assorted Fresh Fruit<br>Chilled Fruit Cup<br>Choice of Two Veg:<br>Roasted Potatoes<br>Baby Carrots w/Dip<br>Choice of:<br>Ice Cold Milk | Choice of One Fruit:<br>Assorted Fresh Fruit<br>Chilled Fruit Cup<br>Choice of Two Veg:<br>Mixed Vegetables<br>Cucumber & Tomato Salad<br>Choice of:<br>Ice Cold Milk | Choice of One Fruit:<br>Assorted Fresh Fruit<br>Chilled Fruit Cup<br>Choice of Two Veg:<br>Steamed Broccoli<br>Baked Beans<br>Choice of:<br>Ice Cold Milk                          |
| <sup>18</sup><br>Last Day of School!<br>No Lunch  |  |  | AMPSON PARENTS<br>2017-2018 SY may be t<br>June 30, 2018. No furt   |  |

be accepted after June 30, 2018.





## Sure Start Snack Menu

## Sure Start Snacks are provided free of charge for all students enrolled in the local Sure Start Program.

| May 28                             | May 29                               | May 30  | May 31                           | 1                                       |
|------------------------------------|--------------------------------------|---|----------------------------------|---|
| NO SCHOOL<br>MEMORIAL DAY          | <b>AM Snack:</b><br>Cheerios<br>Milk | <b>AM Snack:</b><br>French Toast<br>Milk  | AM Snack:<br>Croissant<br>Grapes | <b>AM Snack:</b><br>Granola Bar<br>Milk |
|                                    |                                      |   |                                  |   |
| 4                                  | 5                                    | 6   | 7                                | 8                                       |
| AM Snack:                          | AM Snack:                            | AM Snack:   | AM Snack:                        | AM Snack:                               |
| Applesauce                         | Cheese Toast                         | Banana  | Apple                            | Peach Smoothie                          |
| Goldfish<br>Milk                   | Juice                                | Milk  | French Toast                     |   |
| 11                                 | 12                                   |   |                                  |   |
| <b>AM Snack:</b><br>Banana<br>Milk | AM Snack:<br>Cheerios<br>Milk        | ATTENTION W.T. SAMPSON PARENTS<br>UNUSED student meal tickets from the 2017-2018 SY may be turned in for a        |                                  |   |
|                                    |                                      | refund at NEX Customer Service through June 30, 2018. No further refunds will be<br>accepted after June 30, 2018. |                                  |   |