





W. T. Sampson Elementary School Lunch Menu

	w. i. Sampson	Elementary Scho	ol Lunch Wenu			
May 28	May 29	May 30	May 31	1		
	Choice of One:	Choice of One:	Choice of One:	Choice of One:		
NO SCHOOL	Ranch Veg Chicken Wrap	Chicken Adobo	Chicken Tenders w/Roll	Pepperoni Pizza		
	Grilled Chicken Salad	w/Beans & Rice				
MEMORIAL DAY	w/Toasted Flatbread					
				Choice of One Fruit:		
	Choice of One Fruit:	Choice of One Fruit:	Choice of One Fruit:	Fresh Orange		
	Fresh Apple	Fresh Grapes	Fresh Banana	Chilled Fruit Cup		
	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Choice of Two Veg:		
	Choice of Two Veg:	Choice of Two Veg:	Choice of Two Veg:	Steamed Broccoli		
	Corn	Roasted Potatoes	Mixed Vegetables	Baked Beans		
	Green Beans	Baby Carrots w/Dip	Cucumber & Tomato Salad	Choice of:		
	Choice of:	Choice of:	Choice of:	Ice Cold Milk		
	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk			
4	5	6	7	8		
Choice of One:	Choice of One:	Choice of One:	Choice of One:	Choice of One:		
Hot Dog	Spaghetti w/Meat Sauce	Cheeseburger	Beef Burrito	Jerk Chicken w/Corn Muffin		
	w/Garlic Roll		w/Mexican Rice	Cheeseburger		
	,					
Choice of One Fruit:	Choice of One Fruit:	Choice of One Fruit:	Choice of One Fruit:	Choice of One Fruit:		
Fresh Melon	Fresh Apple	Fresh Grapes	Fresh Banana	Fresh Orange		
Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Fresh Watermelon		
Choice of Two Veg:	Choice of Two Veg:	Choice of Two Veg:	Choice of Two Veg:	Choice of Two Veg:		
Side Salad	Corn	Roasted Potatoes	Mixed Vegetables	Grilled Corn on the Cob		
Green Peas	Green Beans	Baby Carrots w/Dip	Cucumber & Tomato Salad	Baked Beans		
Choice of:	Choice of:	Choice of:	Choice of:	Choice of:		
Ice Cold Milk	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk		
				END OF THE YEAR COOKOUT		
11	12	13	14	15		
Choice of One:	Choice of One:	Choice of One:	Choice of One:	Choice of One:		
Chicken Tenders	Soft Tacos	Mac & Cheese and Fish Sticks	Teriyaki Chicken	Cheese Pizza		
Choice of One Fruit:	Choice of One Fruit:	Choice of One Fruit:	Choice of One Fruit:	Choice of One Fruit:		
Fresh Melon	Fresh Apple	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit		
Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup		
Choice of Two Veg:	Choice of Two Veg:	Choice of Two Veg:	Choice of Two Veg:	Choice of Two Veg:		
Side Salad	Corn	Roasted Potatoes	Mixed Vegetables	Steamed Broccoli		
Green Peas	Green Beans	Baby Carrots w/Dip	Cucumber & Tomato Salad	Baked Beans		
Choice of:	Choice of:	Choice of:	Choice of:	Choice of:		
Ice Cold Milk	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk		
18		-		•		
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Last Day of School!		ATTENTION W.T. S	AMPSON PARENTS			
No Lunch	UNUSED stude	nt meal tickets from th	e 2017-2018 SY may be	turned in for a		
			· · · · · · · · · · · · · · · · · · ·			
	refund at NEX Customer Service through June 30, 2018. No further refunds will					
	be accepted after June 30, 2018.					





Guantanamo Bay School Meals Menu June 2018

	W. T. Samps	on High School L	unch Menu	
May 28 NO SCHOOL MEMORIAL DAY	May 29 Choice of One: Ranch Veg Chicken Wrap w/Sun Chips Grilled Chicken Salad w/Toasted Flatbread	May 30 Choice of One: Chicken Adobo w/Beans & Rice w/Cornbread	May 31 Choice of One: Chicken Tenders w/Roll	1 Choice of One: Pepperoni Pizza Choice of One Fruit:
	Choice of One Fruit: Fresh Apple Chilled Fruit Cup Choice of Two Veg: Corn Green Beans Choice of: Ice Cold Milk	Choice of One Fruit: Fresh Grapes Chilled Fruit Cup Choice of Two Veg: Roasted Potatoes Baby Carrots w/Dip Choice of: Ice Cold Milk	Choice of One Fruit: Fresh Banana Chilled Fruit Cup Choice of Two Veg: Mixed Vegetables Cucumber & Tomato Salad Choice of: Ice Cold Milk	Fresh Orange Chilled Fruit Cup Choice of Two Veg: Steamed Broccoli Baked Beans Choice of: Ice Cold Milk
4 Choice of One: Hot Dog	5 Choice of One: Spaghetti w/Meat Sauce w/Garlic Roll	6 Choice of One: Cheeseburger	7 Choice of One: Beef Burrito w/Mexican Rice	8 Choice of One: Jerk Chicken w/Corn Muffin Cheeseburger
Choice of One Fruit: Fresh Melon Chilled Fruit Cup Choice of Two Veg: Side Salad Green Peas Choice of: Ice Cold Milk	Choice of One Fruit: Fresh Apple Chilled Fruit Cup Choice of Two Veg: Corn Green Beans Choice of: Ice Cold Milk	Choice of One Fruit: Fresh Grapes Chilled Fruit Cup Choice of Two Veg: Roasted Potatoes Baby Carrots w/Dip Choice of: Ice Cold Milk	Choice of One Fruit: Fresh Banana Chilled Fruit Cup Choice of Two Veg: Mixed Vegetables Cucumber & Tomato Salad Choice of: Ice Cold Milk	Choice of One Fruit: Fresh Orange Fresh Watermelon Choice of Two Veg: Grilled Corn on the Cob Baked Beans Choice of: Ice Cold Milk END OF THE YEAR COOKOUT
11 Choice of One: Chicken Tenders	12 Choice of One: Soft Tacos	13 Choice of One: Mac & Cheese and Fish Sticks	14 Choice of One: Teriyaki Chicken	15 Choice of One: Cheese Pizza
Choice of One Fruit: Fresh Melon Chilled Fruit Cup Choice of Two Veg: Side Salad Green Peas Choice of: Ice Cold Milk	Choice of One Fruit: Fresh Apple Chilled Fruit Cup Choice of Two Veg: Corn Green Beans Choice of: Ice Cold Milk	Choice of One Fruit: Assorted Fresh Fruit Chilled Fruit Cup Choice of Two Veg: Roasted Potatoes Baby Carrots w/Dip Choice of: Ice Cold Milk	Choice of One Fruit: Assorted Fresh Fruit Chilled Fruit Cup Choice of Two Veg: Mixed Vegetables Cucumber & Tomato Salad Choice of: Ice Cold Milk	Choice of One Fruit: Assorted Fresh Fruit Chilled Fruit Cup Choice of Two Veg: Steamed Broccoli Baked Beans Choice of: Ice Cold Milk
¹⁸ Last Day of School! No Lunch			AMPSON PARENTS 2017-2018 SY may be t June 30, 2018. No furt	

be accepted after June 30, 2018.





Sure Start Snack Menu

Sure Start Snacks are provided free of charge for all students enrolled in the local Sure Start Program.

May 28	May 29	May 30	May 31	1
NO SCHOOL MEMORIAL DAY	AM Snack: Cheerios Milk	AM Snack: French Toast Milk	AM Snack: Croissant Grapes	AM Snack: Granola Bar Milk
4	5	6	7	8
AM Snack:	AM Snack:	AM Snack:	AM Snack:	AM Snack:
Applesauce	Cheese Toast	Banana	Apple	Peach Smoothie
Goldfish Milk	Juice	Milk	French Toast	
11	12			
AM Snack: Banana Milk	AM Snack: Cheerios Milk	ATTENTION W.T. SAMPSON PARENTS UNUSED student meal tickets from the 2017-2018 SY may be turned in for a		
		refund at NEX Customer Service through June 30, 2018. No further refunds will be accepted after June 30, 2018.		