

Bahrain School Lunch Menu June 2017



May 28	May 29	May 30	May 31	1
Choice of One:	Choice of One:	Choice of One:	Choice of One:	Choice of One:
Chicken Fajitas	Ham & Cheese Melt	Chicken Tikka Masala	Chicken Nuggets w/Roll	Hot Dog
Meatball Sub	Baked Chicken w/Roll	Beef Goulash w/Noodles	Nacho Salad	Hamburger
Choice of Fruit:	Choice of Fruit:	Choice of Fruit:	Choice of Fruit:	Choice of Fruit:
Fresh Melon	Fresh Apple	Fresh Grapes	Fresh Banana	Fresh Orange
Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup
Choice of Vegetables:	Choice of Vegetables:	Choice of Vegetables:	Choice of Vegetables:	Choice of Vegetables:
Peas	Side Salad	Seasonal Vegetable	Corn	Roasted Potatoes
Green Beans	Mixed Vegetables	Baby Carrots w/Dip	Cucumber & Tomato Cup	Baked Beans
Choice of:	Choice of:	Choice of:	Choice of:	Choice of:
Ice Cold Milk	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk
4	5	6	7	8
Choice of:	Choice of:	Choice of:	Choice of:	Choice of:
Sandwich Bar	Pasta Bar	Taco Bar	Breakfast Bar	Burger Bar
Choice of One Fruit:	Choice of One Fruit:	Choice of One Fruit:	Choice of One Fruit:	Choice of One Fruit:
Fresh Melon	Fresh Apple	Fresh Grapes	Fresh Banana	Fresh Orange
Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup
Choice of Two Veg:	Choice of Two Veg:	Choice of Two Veg:	Choice of Two Veg:	Choice of Two Veg:
Green Beans	Steamed Broccoli	Refried Beans	Roasted Potatoes	Baked Beans
Carrots w/Dip	Side Salad	Steamed Corn	Mixed Vegetables	Side Salad
Choice of:	Choice of:	Choice of:	Choice of:	Choice of:
Ice Cold Milk	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk
11	12	13	14	15
Choice of One:	Choice of One:	Choice of One:	Choice of One:	No School
Teriyaki Chicken w/Rice	Tacos	BBQ Chicken w/Roll	Chicken Sandwich	
Lasagna w/Roll	Grilled Cheese w/Soup	Hummus w/Pita	Sloppy Joe	
Choice of Fruit:	Choice of Fruit:	Choice of Fruit:	Choice of Fruit:	
Fresh Melon	Fresh Apple	Fresh Grapes	Fresh Banana	
Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	
Choice of Vegetables:	Choice of Vegetables:	Choice of Vegetables:	Choice of Vegetables:	
Green Beans	Side Salad	Seasonal Vegetable	Cucumber & Tomato Cup	
Mixed Vegetables	Green Peas	Baby Carrots w/Dip	Steamed Broccoli	
Choice of:	Choice of:	Choice of:	Choice of:	
Ice Cold Milk	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk	

Meal Prices: Elementary: \$2.50 Secondary: \$2.75 To participate in the Bahrain Student Meal Program, please purchase tickets at the NEX Customer Service Desk or provide cash during daily lunch service.

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