



Sigonella Breakfast Menu						
03 January	04	05	06	07		
Choice of One:	Choice of One:	Choice of One:	Choice of One:	Choice of One:		
1) Breakfast Bowl	(1) Cinnamon Roll	(1)Breakfast Sandwich	(1) Italian Pizzettes	(1) Breakfast Sandwich		
(2) Assorted Cereal	(2) Assorted Cereal	(2) Assorted Cereal	(2) Assorted Cereal	(2) Assorted Cereal		
Choice of Fruit:	Choice of Fruit:	Choice of Fruit:	Choice of Fruit:	Choice of Fruit:		
Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit		
Choice of:	Choice of:	Choice of:	Choice of:	Choice of:		
Ice Cold Milk	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk		
10	11	12	13	14		
Choice of One:	Choice of One:	Choice of One:	Choice of One:			
1) Breakfast Bowl	(1) Cinnamon Roll	(1) Breakfast Sandwich	(1) Italian Pizzettes			
(2) Assorted Cereal	(2) Assorted Cereal	(2) Assorted Cereal	(2) Assorted Cereal	No School		
Choice of Fruit:	Choice of Fruit:	Choice of Fruit:	Choice of Fruit:	TIM D.		
Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	TW Day		
Choice of:	Choice of:	Choice of:	Choice of:			
Ice Cold Milk	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk			
17	18	19	20	21		
	Choice of One:	Choice of One:	Choice of One:	Choice of One:		
	(1) Cinnamon Roll	(1) Breakfast Sandwich	(1) Italian Pizzettes	(1) Breakfast Sandwic		
No School	(2) Assorted Cereal	(2) Assorted Cereal	(2) Assorted Cereal	(2) Assorted Cereal		
	Choice of Fruit:	Choice of Fruit:	Choice of Fruit:	Choice of Fruit:		
MLK Day	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit		
	Choice of:	Choice of:	Choice of:	Choice of:		
	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk		
24	25	26	27	28		
Choice of One:	Choice of One:	Choice of One:	Choice of One:	Choice of One:		
1) Breakfast Bowl	(1) Cinnamon Roll	(1) Breakfast Sandwich	(1) Italian Pizzettes	(1) Breakfast Sandwic		
(2) Assorted Cereal	(2) Assorted Cereal	(2) Assorted Cereal	(2) Assorted Cereal	(2) Assorted Cereal		
Choice of Fruit:	Choice of Fruit:	Choice of Fruit:	Choice of Fruit:	Choice of Fruit:		
Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit		
Choice of:	Choice of:	Choice of:	Choice of:	Choice of:		
Ice Cold Milk	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk		
31						
Choice of One:				> >=/		
1) Breakfast Bowl				***************************************		
(2) Assorted Cereal	Han	py New	Voor			
Choice of Fruit:	Habi	UVINEN	v i Eal	Marin		
Assorted Fresh Fruit						
Choice of:				1.21		
Ice Cold Milk						

Menu subject to change based on availability.

This institution is an equal opportunity employer.



A La Carte Pricing

Entrée: \$2.00 Fruit: \$0.50 Vegetable: \$0.50 Milk: \$1.00



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Elementary Lunch Menu 03 January 04 05 06 07 Choice of One: (1) Tangerine Chicken w/Fried Rice (1) Nathan's Hot Dog (1) Pasta w/Meat Sauce (1) Beef Burrito (1) Pizza (2) Hot Ham & Cheese Croissant (2) Chicken Tenders (2) Grilled Chicken Sandwich (2) Turkey Deli Sandwich (2) Fish Filet Sandwich Choice of Fruit: Choice of Fruit: Choice of Fruit: **Choice of Fruit: Choice of Fruit:** Assorted Fresh Fruit **Choice of Vegetables: Choice of Vegetables:** Choice of Vegetables: **Choice of Vegetables:** Choice of Vegetables: Steamed Broccoli Side Salad Mixed Vegetables Corn **Roasted Sweet Potatoes** Cucumber & Tomato Salad **Mashed Potatoes Green Peas** Fresh Carrots **Baked Beans** Choice of: Choice of: Choice of: Choice of: Choice of: Ice Cold Milk 10 11 12 13 14 Choice of One: Choice of One: **Choice of One:** Choice of One: (1)Teriyaki Chicken w/Fried Rice (1) Soft Tacos (1) Chicken Adobo w/Rice (1) Chicken Sandwich (2) BBQ Meatballs w/Roll (2) Grilled Cheese (2) Lasagna w/Garlic Roll (2) Breakfast for Lunch No School Choice of Fruit: Choice of Fruit: Choice of Fruit: Choice of Fruit: Assorted Fresh Fruit Assorted Fresh Fruit Assorted Fresh Fruit Assorted Fresh Fruit **TW Dav Choice of Vegetables: Choice of Vegetables: Choice of Vegetables: Choice of Vegetables:** Mixed Vegetables Steamed Broccoli Side Salad Corn **Mashed Potatoes Green Peas** Fresh Carrots Cucumber & Tomato Salad Choice of: Choice of: Choice of: Choice of: Ice Cold Milk Ice Cold Milk Ice Cold Milk Ice Cold Milk 17 19 20 21 18 Choice of One: Choice of One: Choice of One: Choice of One: (1) Pizza (1) Nathan's Hot Dog (1) Pasta w/Meat Sauce (1) Beef Burrito (2) Chicken Tenders (2) Grilled Chicken Sandwich (2) Turkey Deli Sandwich (2) Fish Filet Sandwich No School Choice of Fruit: Choice of Fruit: **Choice of Fruit: Choice of Fruit:** Assorted Fresh Fruit Assorted Fresh Fruit Assorted Fresh Fruit Assorted Fresh Fruit **MLK Day** Choice of Vegetables: **Choice of Vegetables: Choice of Vegetables: Choice of Vegetables:** Side Salad Mixed Vegetables Corn **Roasted Sweet Potatoes** Cucumber & Tomato Salad **Green Peas** Fresh Carrots **Baked Beans** Choice of: Choice of: Choice of: Choice of: Ice Cold Milk Ice Cold Milk Ice Cold Milk Ice Cold Milk 24 25 26 27 28 Choice of One: (1)Teriyaki Chicken w/Fried Rice (1) Soft Tacos (1) Chicken Adobo w/Rice (1) Chicken Sandwich (1) Cheese Sticks (2) BBQ Meatballs w/Roll (2) Grilled Cheese (2) Lasagna w/Garlic Roll (2) Breakfast for Lunch (2) Cheeseburger **Choice of Fruit: Choice of Fruit:** Choice of Fruit: Choice of Fruit: Choice of Fruit: Assorted Fresh Fruit **Choice of Vegetables: Choice of Vegetables: Choice of Vegetables: Choice of Vegetables:** Choice of Vegetables: Mixed Vegetables Steamed Broccoli Side Salad Corn **Roasted Sweet Potatoes Mashed Potatoes** Cucumber & Tomato Salad **Baked Beans Green Peas** Fresh Carrots Choice of: Choice of: Choice of: Choice of: Choice of: Ice Cold Milk 31 Choice of One: (1) Tangerine Chicken w/Fried Rice (2) Hot Ham & Cheese Croissant Happy New Year! **Choice of Fruit:** Assorted Fresh Fruit

Menu subject to change based on availability.

Choice of Vegetables: Steamed Broccoli Mashed Potatoes Choice of: Ice Cold Milk

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A La Carte Pricing

Entrée: \$2.00 Fruit: \$0.50 Vegetable: \$0.50

getable: \$0.50 Milk: \$1.00



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Secondary Lunch Menu 03 January 04 06 07 Choice of One: (1) Tangerine Chicken (1) Nathan's Hot Dog (1) Pasta w/Meat Sauce (1) Beef Burrito (1) Pizza w/Fried Rice and Egg Roll (2) Chicken Tenders w/Garlic Roll (2) Salad Bowl w/Roll (2) Fish Filet Sandwich (2) Hot Ham & Cheese Croissant w/Corn Muffin (2) Grilled Chicken Sandwich **Choice of Fruit:** Choice of Fruit: Choice of Fruit: Choice of Fruit: Choice of Fruit: Assorted Fresh Fruit Choice of Vegetables: **Choice of Vegetables:** Choice of Vegetables: Choice of Vegetables: **Roasted Sweet Potatoes** Steamed Broccoli Side Salad Mixed Vegetables Choice of: **Baked Beans Mashed Potatoes** Fresh Carrots Ice Cold Milk Choice of: Green Peas Choice of: Choice of: Choice of: Ice Cold Milk Ice Cold Milk Ice Cold Milk Ice Cold Milk 14 10 11 12 13 Choice of One: Choice of One: Choice of One: Choice of One: (1)Teriyaki Chicken (1) Chicken Adobo w/Rice (1) Deli Sandwich or Wrap (1) Soft Tacos w/Fried Rice and Egg Roll (2) Spicy Chicken Sandwich (2) Lasagna w/Garlic Roll (2) BBQ Meatballs w/Roll Choice of Fruit: Choice of Fruit: Choice of Fruit: No School **Choice of Fruit:** Assorted Fresh Fruit Assorted Fresh Fruit Assorted Fresh Fruit **Choice of Vegetables:** Assorted Fresh Fruit **Choice of Vegetables:** Choice of Vegetables: **TW Day Choice of Vegetables:** Side Salad Mixed Vegetables Corn Cucumber & Tomato Salad Steamed Broccoli **Green Peas** Fresh Carrots Mashed Potatoes Choice of: Choice of: Choice of: Choice of: Ice Cold Milk Ice Cold Milk Ice Cold Milk Ice Cold Milk 19 20 18 21 Choice of One: Choice of One: Choice of One: Choice of One: (1) Nathan's Hot Dog (1) Pasta w/Meat Sauce (1) Beef Burrito (1) Pizza (2) Chicken Tenders w/Garlic Roll (2) Salad Bowl w/Roll (2) Fish Filet Sandwich w/Corn Muffin (2) Grilled Chicken Sandwich **Choice of Fruit:** No School Choice of Fruit: Choice of Fruit: Choice of Fruit: Assorted Fresh Fruit **Choice of Vegetables:** Assorted Fresh Fruit Assorted Fresh Fruit Assorted Fresh Fruit **MLK Day Choice of Vegetables: Choice of Vegetables: Roasted Sweet Potatoes** Side Salad Mixed Vegetables Choice of: **Baked Beans** Fresh Carrots Green Peas Ice Cold Milk Choice of: Choice of: Ice Cold Milk Choice of: Ice Cold Milk Ice Cold Milk 24 25 26 27 28 Choice of One: (1)Teriyaki Chicken (1) Chicken Adobo w/Rice (1) Deli Sandwich or Wrap (1) Cheese Sticks (1) Soft Tacos w/Fried Rice and Egg Roll (2) Spicy Chicken Sandwich (2) Lasagna w/Garlic Roll (2) Cheeseburger (2) BBQ Meatballs w/Roll **Choice of Fruit: Choice of Fruit:** Choice of Fruit: Choice of Fruit: **Choice of Fruit:** Assorted Fresh Fruit **Choice of Vegetables: Choice of Vegetables: Choice of Vegetables: Choice of Vegetables: Choice of Vegetables:** Corn **Roasted Sweet Potatoes** Side Salad Mixed Vegetables Steamed Broccoli **Green Peas** Fresh Carrots Cucumber & Tomato Salad **Baked Beans** Mashed Potatoes Choice of: Choice of: Choice of: Choice of: Choice of: Ice Cold Milk 31 Choice of One: (1) Tangerine Chicken w/Fried Rice and Egg Roll (2) Hot Ham & Cheese Croissant Happy New Year! Choice of Fruit: Assorted Fresh Fruit Choice of Vegetables: Steamed Broccoli

Menu subject to change based on availability.

Mashed Potatoes
Choice of:
Ice Cold Milk

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A La Carte Pricing

Entrée: \$2.00 Fruit: \$0.50 Vegetable: \$0.50 Milk: \$1.00









Sure Start Lunch Menu						
03 January	04	05	06	07		
Tangerine Chicken w/Fried Rice	Chicken Tenders	Pasta w/ Meat Sauce	Beef Burrito	Pizza		
Assorted Fresh Fruit Steamed Broccoli Mashed Potatoes Ice Cold Milk	Assorted Fresh Fruit Side Salad Green Peas Ice Cold Milk	Assorted Fresh Fruit Mixed Vegetables Fresh Carrots Ice Cold Milk	Assorted Fresh Fruit Corn Cucumber & Tomato Salad Ice Cold Milk	Assorted Fresh Fruit Roasted Sweet Potatoes Baked Beans Ice Cold Milk		
10	11	12	13	14		
BBQ Meatballs w/ Roll	Grilled Cheese	Lasagna w/Garlic Roll	Breakfast for Lunch	No School		
Assorted Fresh Fruit Steamed Broccoli Mashed Potatoes Ice Cold Milk	Assorted Fresh Fruit Side Salad Green Peas Ice Cold Milk	Assorted Fresh Fruit Mixed Vegetables Fresh Carrots Ice Cold Milk	Assorted Fresh Fruit Corn Cucumber & Tomato Salad Ice Cold Milk	TW Day		
17	18	19	20	21		
No School	Soft Tacos	Chicken Adobo w/Rice	Chicken Sandwich	Cheese Sticks		
MLK Day	Assorted Fresh Fruit Side Salad Green Peas Ice Cold Milk	Assorted Fresh Fruit Mixed Vegetables Fresh Carrots Ice Cold Milk	Assorted Fresh Fruit Corn Cucumber & Tomato Salad Ice Cold Milk	Assorted Fresh Fruit Roasted Sweet Potatoes Baked Beans Ice Cold Milk		
24	25	26	27	28		
Hot Ham & Cheese Croissant	Grilled Cheese	Lasagna w/Garlic Roll	Breakfast for Lunch	Cheeseburger		
Assorted Fresh Fruit Steamed Broccoli Mashed Potatoes Ice Cold Milk	Assorted Fresh Fruit Side Salad Green Peas Ice Cold Milk	Assorted Fresh Fruit Mixed Vegetables Fresh Carrots Ice Cold Milk	Assorted Fresh Fruit Corn Cucumber & Tomato Salad Ice Cold Milk	Assorted Fresh Fruit Roasted Sweet Potatoes Baked Beans Ice Cold Milk		
31 Tangerine Chicken w/Fried Rice Assorted Fresh Fruit Steamed Broccoli Mashed Potatoes Ice Cold Milk	Нар	py Ne	w Year			

Menu subject to change based on availability.

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A La Carte Pricing Entrée: \$2.00

Fruit: \$0.50 Vegetable: \$0.50 Milk: \$1.00



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