

Bahrain School Lunch Menu February 2018



January 20	January 20	January 20	January 21	1
January 28	January 29	January 30	January 31	1 Choice of One:
Choice of One:	Choice of One: Soft Tacos	Choice of One:	No School	
Teriyaki Chicken w/Rice		Lasagna	No School	Supreme Pizza
Meatball Sub	Grilled Cheese w/Soup	Hummus w/Pita		Chicken Caesar Wrap
Choice of Fruit:	Choice of Fruit:	Choice of Fruit:		Choice of Fruit:
Fresh Melon	Fresh Apple	Fresh Grapes		Fresh Orange
Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup		Chilled Fruit Cup
Choice of Vegetables:	Choice of Vegetables:	Choice of Vegetables:		Choice of Vegetables:
Green Beans	Side Salad	Seasonal Vegetable		Corn
Mixed Vegetables	Green Peas	Baby Carrots w/Dip		Baked Beans
Choice of:	Choice of:	Choice of:		Choice of:
Ice Cold Milk	Ice Cold Milk	Ice Cold Milk		Ice Cold Milk
4	5	6	7	8
Choice of One:	Choice of One:	Choice of One:	Choice of One:	Choice of One:
Beef Burrito	Spaghetti w/Garlic Bread	Chicken Tikka Masala	Chicken Tenders w/Roll	Hot Dog
Parmesan Chicken Sub	General Tso's Chicken w/Rice	Beef Goulash w/Noodles	Nacho Salad	Hamburger
Choice of Fruit:	Choice of Fruit:	Choice of Fruit:	Choice of Fruit:	Choice of Fruit:
Fresh Melon	Fresh Apple	Fresh Grapes	Fresh Banana	Fresh Orange
Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup
Choice of Vegetables:	Choice of Vegetables:	Choice of Vegetables:	Choice of Vegetables:	Choice of Vegetables:
Peas	Side Salad	Seasonal Vegetable	Corn	Roasted Potatoes
Green Beans	Mixed Vegetables	Baby Carrots w/Dip	Cucumber & Tomato Cup	Baked Beans
Choice of:	Choice of:	Choice of:	Choice of:	Choice of:
Ice Cold Milk	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk
11	12	13	14	15
Choice of One:	Choice of One:	Choice of One:	Choice of One:	Choice of One:
Teriyaki Chicken w/Rice	Soft Tacos	Lasagna	Chicken Sandwich	Supreme Pizza
Meatball Sub	Grilled Cheese w/Soup	Hummus w/Pita	Sloppy Joe	Chicken Caesar Wrap
Choice of Fruit:	Choice of Fruit:	Choice of Fruit:	Choice of Fruit:	Choice of Fruit:
Fresh Melon	Fresh Apple	Fresh Grapes	Fresh Banana	Fresh Orange
Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup
Choice of Vegetables:	Choice of Vegetables:	Choice of Vegetables:	Choice of Vegetables:	Choice of Vegetables:
Green Beans	Side Salad	Seasonal Vegetable	Cucumber & Tomato Cup	Corn
Mixed Vegetables	Green Peas	Baby Carrots w/Dip	Steamed Broccoli	Baked Beans
Choice of:	Choice of:	Choice of:	Choice of:	Choice of:
Ice Cold Milk	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk
18	19	20	21	22
Choice of One:	Choice of One:	Choice of One:	Choice of One:	Choice of One:
Beef Burrito			Chicken Tenders w/Roll	
	Spaghetti w/Garlic Bread	Chicken Tikka Masala	-	Hot Dog
Parmesan Chicken Sub	General Tso's Chicken w/Rice	Beef Goulash w/Noodles	Nacho Salad	Hamburger
Choice of Fruit:	Choice of Fruit:	Choice of Fruit:	Choice of Fruit:	Choice of Fruit:
Fresh Melon	Fresh Apple	Fresh Grapes	Fresh Banana	Fresh Orange
Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup
Choice of Vegetables:	Choice of Vegetables:	Choice of Vegetables:	Choice of Vegetables:	Choice of Vegetables:
Peas	Side Salad	Seasonal Vegetable	Corn	Roasted Potatoes
Green Beans	Mixed Vegetables	Baby Carrots w/Dip	Cucumber & Tomato Cup	Baked Beans
Choice of:	Choice of:	Choice of:	Choice of:	Choice of:
Ice Cold Milk	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk
25	26	27	28	March 1
Choice of One:	Choice of One:	Choice of One:	Choice of One:	Choice of One:
Teriyaki Chicken w/Rice	Soft Tacos	Lasagna	Chicken Sandwich	Supreme Pizza
Meatball Sub	Grilled Cheese w/Soup	Hummus w/Pita	Sloppy Joe	Chicken Caesar Wrap
Choice of Fruit:	Choice of Fruit:	Choice of Fruit:	Choice of Fruit:	Choice of Fruit:
Fresh Melon	Fresh Apple	Fresh Grapes	Fresh Banana	Fresh Orange
Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup
Choice of Vegetables:	Choice of Vegetables:	Choice of Vegetables:	Choice of Vegetables:	Choice of Vegetables:
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Green Beans	Side Salad	Seasonal Vegetable	Cucumber & Tomato Cup	Corn
_		_	Cucumber & Tomato Cup Steamed Broccoli	Corn Baked Beans
Green Beans	Side Salad	Seasonal Vegetable	•	

Meal Prices: Elementary: \$2.75 Secondary: \$3.00 To participate in the Bahrain Student Meal Program, please purchase tickets at the NEX Customer Service Desk or provide cash during daily lunch service.

Visit <u>www.mynavyexchange.com/smp</u> for further SMP information.

