

### Sigonella Lunch Menu December 2017



Elementary Lunch Menu						
27 Choice of One: Hot Dog Sloppy Joe Choice of One Fruit: Fresh Melon Chilled Fruit Cup Choice of Two Veg: Peas Green Beans Choice of: Ice Cold Milk	28 Choice of One: Ham & Cheese Melt Baked Chicken w/Rice Pilaf Choice of One Fruit: Fresh Grapes Chilled Fruit Cup Choice of Two Veg: Side Salad Mixed Vegetables Choice of: Ice Cold Milk	29 Choice of One: Chicken Nuggets w/Roll Beef Burrito Choice of One Fruit: Fresh Banana Chilled Fruit Cup Choice of Two Veg: Corn Cucumber & Tomato Salad Choice of: Ice Cold Milk	CCRS-M Training Day No school for Students	December 1 Choice of One: Cheese Pizza Fish Sticks w/Mac & Cheese Choice of One Fruit: Fresh Orange Chilled Fruit Cup Choice of Two Veg: Roasted Potatoes Baked Beans Choice of: Ice Cold Milk		
4 Choice of One: Lasagna Grilled Cheese Choice of One Fruit: Fresh Mandarin Chilled Fruit Cup Choice of Two Veg: Green Beans Mixed Vegetables Choice of: Ice Cold Milk	5 Choice of One: Meatball Sub Breakfast for Lunch Choice of One Fruit: Fresh Grapes Chilled Fruit Cup Choice of Two Veg: Side Salad Green Peas Choice of: Ice Cold Milk	6 Choice of One: Gnocchi w/Tomato Sauce Chicken Nuggets w/ roll Choice of One Fruit: Fresh Apple Chilled Fruit Cup Choice of Two Veg: Roasted Zucchini Baby Carrots w/Dip Choice of: Ice Cold Milk	7 Choice of One: Chicken Sandwich Asian Chicken Bowl Choice of One Fruit: Fresh Banana Chilled Fruit Cup Choice of Two Veg: Cucumber & Tomato Salad Steamed Broccoli Choice of: Ice Cold Milk	8 Choice of One: Pizza Cheeseburger Choice of One Fruit: Fresh Orange Chilled Fruit Cup Choice of Two Veg: Corn Baked Beans Choice of: Ice Cold Milk		
Choice of One: Mac & Cheese Corn Dog Choice of One Fruit: Fresh Mandarin Chilled Fruit Cup Choice of Two Veg: Peas Green Beans Choice of: Ice Cold Milk	Choice of One: Ham & Cheese Melt Baked Chicken w/Rice Pilaf Choice of One Fruit: Fresh Grapes Chilled Fruit Cup Choice of Two Veg: Side Salad Mixed Vegetables Choice of: Ice Cold Milk	Choice of One: Tortellini w/Meat Sauce Veal Cotoletta Choice of One Fruit: Fresh Apple Chilled Fruit Cup Choice of Two Veg: Sautéed Peas w/Bacon Baby Carrots w/Dip Choice of: Ice Cold Milk	14 Choice of One: Chicken Nuggets w/Roll Beef Burrito Choice of One Fruit: Fresh Banana Chilled Fruit Cup Choice of Two Veg: Corn Cucumber & Tomato Salad Choice of: Ice Cold Milk	Choice of One: Cheese Pizza Fish Sticks w/Mac & Cheese Choice of One Fruit: Fresh Orange Chilled Fruit Cup Choice of Two Veg: Roasted Potatoes Baked Beans Choice of: Ice Cold Milk		



### Winter Break December 18 – January 2



Meal Prices: Elementary: \$2.75 Secondary: \$3.00



Visit <u>www.mynavyexchange.com/smp</u> for further SMP information.





#### Sigonella Lunch Menu December 2017



Secondary Lunch Menu						
27	28	29	30	December 1		
Choice of One:	Choice of One:	Choice of One:	CCRS Training Day	Choice of One:		
Salad Bar	Ham & Cheese Melt	Pasta Bar		Burger Bar		
	Baked Chicken w/Rice Pilaf		No school for			
Choice of One Fruit:	Choice of One Fruit:	Choice of One Fruit:	Students	Choice of One Fruit:		
Fresh Melon	Fresh Grapes	Fresh Apple		Fresh Orange		
Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup		Chilled Fruit Cup		
Choice of Two Veg:	Choice of Two Veg:	Choice of Two Veg:		Choice of Two Veg:		
Peas	Side Salad	Sautéed Peas w/Bacon		Roasted Potatoes		
Green Beans	Mixed Vegetables	Baby Carrots w/Dip		Baked Beans		
Choice of:	Choice of:	Choice of:		Choice of:		
Ice Cold Milk	Ice Cold Milk	Ice Cold Milk		Ice Cold Milk		
4	5	6	7	8		
Choice of One:	Choice of One:	Choice of One:	Choice of One:	Choice of One:		
Salad Bar	Meatball Sub	Pasta Bar	Chicken Sandwich	Taco Bar		
	Breakfast for Lunch		Asian Chicken Bowl			
Choice of One Fruit:	Choice of One Fruit:	Choice of One Fruit:	Choice of One Fruit:	Choice of One Fruit:		
Fresh Melon	Fresh Grapes	Fresh Apple	Fresh Banana	Fresh Orange		
Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup		
Choice of Two Veg:	Choice of Two Veg:	Choice of Two Veg:	Choice of Two Veg:	Choice of Two Veg:		
Green Beans	Side Salad	Roasted Zucchini	Cucumber & Tomato Salad	Corn		
Mixed Vegetables	Green Peas	Baby Carrots w/Dip	Steamed Broccoli	Baked Beans		
Choice of:	Choice of:	Choice of:	Choice of:	Choice of:		
Ice Cold Milk	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk		
11	12	13	14	15		
Choice of One:	Choice of One:	Choice of One:	Choice of One:	Choice of One:		
Salad Bar	Ham & Cheese Melt	Pasta Bar	Cheese/Pepperoni Pizza	Burger Bar		
	Baked Chicken w/Rice Pilaf		Beef Burrito			
Choice of One Fruit:	Choice of One Fruit:	Choice of One Fruit:	Choice of One Fruit:	Choice of One Fruit:		
Fresh Melon	Fresh Grapes	Fresh Apple	Fresh Banana	Fresh Orange		
Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Fruit Cup		
Choice of Two Veg:	Choice of Two Veg:	Choice of Two Veg:	Choice of Two Veg:	Choice of Two Veg:		
Peas	Side Salad	Sautéed Peas w/Bacon	Corn	Roasted Potatoes		
Green Beans	Mixed Vegetables	Baby Carrots w/Dip	Cucumber & Tomato Salad	Baked Beans		
Choice of:	Choice of:	Choice of:	Choice of:	Choice of:		
Ice Cold Milk	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk	Ice Cold Milk		



# Winter Break December 18 – January 2



Meal Prices: Elementary: \$2.75 Secondary: \$3.00



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### Sigonella Lunch Menu December 2017



Sure Start Lunch Menu						
27 Choice of One: Sloppy Joe Choice of One Fruit: Fresh Melon Chilled Fruit Cup Choice of Two Veg: Peas Green Beans Choice of: Ice Cold Milk	28 Choice of One: Ham & Cheese Melt Choice of One Fruit: Fresh Grapes Chilled Fruit Cup Choice of Two Veg: Side Salad Mixed Vegetables Choice of: Ice Cold Milk	29 Choice of One: Chicken Nuggets w/Roll Choice of One Fruit: Fresh Banana Chilled Fruit Cup Choice of Two Veg: Corn Cucumber & Tomato Salad Choice of: Ice Cold Milk	CCRS-M Training Day No school for Students	December 1 Choice of One: Cheese Pizza Choice of One Fruit: Fresh Orange Chilled Fruit Cup Choice of Two Veg: Roasted Potatoes Baked Beans Choice of: Ice Cold Milk		
4 Choice of One: Grilled Cheese Choice of One Fruit: Fresh Melon Chilled Fruit Cup Choice of Two Veg: Green Beans Mixed Vegetables Choice of: Ice Cold Milk	5 Choice of One: Breakfast for Lunch Choice of One Fruit: Fresh Grapes Chilled Fruit Cup Choice of Two Veg: Side Salad Green Peas Choice of: Ice Cold Milk	6 Choice of One: Gnocchi w/Tomato Sauce Choice of One Fruit: Fresh Apple Chilled Fruit Cup Choice of Two Veg: Roasted Zucchini Baby Carrots w/Dip Choice of: Ice Cold Milk	7 Choice of One: Chicken Sandwich Choice of One Fruit: Fresh Banana Chilled Fruit Cup Choice of Two Veg: Cucumber & Tomato Salad Steamed Broccoli Choice of: Ice Cold Milk	8 Choice of One: Cheeseburger Choice of One Fruit: Fresh Orange Chilled Fruit Cup Choice of Two Veg: Corn Baked Beans Choice of: Ice Cold Milk		
11 Choice of One: Sloppy Joe Choice of One Fruit: Fresh Melon Chilled Fruit Cup Choice of Two Veg: Peas Green Beans Choice of: Ice Cold Milk	Choice of One: Ham & Cheese Melt Choice of One Fruit: Fresh Grapes Chilled Fruit Cup Choice of Two Veg: Side Salad Mixed Vegetables Choice of: Ice Cold Milk	Choice of One: Tortellini w/Meat Sauce Choice of One Fruit: Fresh Apple Chilled Fruit Cup Choice of Two Veg: Sautéed Peas w/Bacon Baby Carrots w/Dip Choice of: Ice Cold Milk	14 Choice of One: Chicken Nuggets w/Roll Choice of One Fruit: Fresh Banana Chilled Fruit Cup Choice of Two Veg: Corn Cucumber & Tomato Salad Choice of: Ice Cold Milk	15 Choice of One: Cheese Pizza Choice of One Fruit: Fresh Orange Chilled Fruit Cup Choice of Two Veg: Roasted Potatoes Baked Beans Choice of: Ice Cold Milk		



# Winter Break December 18 – January 2



Meal Prices: Elementary: \$2.75 Secondary: \$3.00



Pre-pay for your student's meal account online at <a href="https://www.mypaymentsplus.com">www.mypaymentsplus.com</a>

Visit <u>www.mynavyexchange.com/smp</u> for further SMP information.

