

## SULLIVANS ELEMENTARY LUNCH

### MONDAY 1

- (1) Teriyaki Chicken w/ Rice OR
- (2) Spaghetti w/ Meat sauce
- Variety of Fruits**
- Seasoned Roasted Broccoli
- Honey Glazed Carrots
- Choice of Milk

### MONDAY 8

No School

### MONDAY 15

- (1) Teriyaki Chicken w/ Rice OR
- (2) Spaghetti w/ Meat sauce
- Variety of Fruits**
- Seasoned Roasted Broccoli
- Honey Glazed Carrots
- Choice of Milk

### MONDAY 22

- (1) Chicken Tenders w/ Roll OR
- (2) Lasagna w/ Roll
- Variety of Fruits**
- Seasoned Roasted Broccoli
- Honey Glazed Carrots
- Choice of Milk

### MONDAY 29

- (1) Teriyaki Chicken w/ Rice OR
- (2) Spaghetti w/ Meat sauce
- Variety of Fruits**
- Seasoned Roasted Broccoli
- Honey Glazed Carrots
- Choice of Milk

### TUESDAY 2

- (1) Chicken + Waffles OR
- (2) Sloppy Joe
- Variety of Fruits**
- Oven Baked Tater Tots
- Baby Carrots w/ Ranch
- Choice of Milk

### TUESDAY 9

- (1) Breakfast for Lunch OR
- (2) Ham and Cheese Croissant
- Variety of Fruits**
- Oven Baked Tater Tots
- Baby Carrots w/ Ranch
- Choice of Milk

### TUESDAY 16

- (1) Chicken + Waffles OR
- (2) Sloppy Joe
- Variety of Fruits**
- Oven Baked Tater Tots
- Baby Carrots w/ Ranch
- Choice of Milk

### TUESDAY 23

- (1) Breakfast for Lunch OR
- (2) Ham and Cheese Croissant
- Variety of Fruits**
- Oven Baked Tater Tots
- Baby Carrots w/ Ranch
- Choice of Milk

### TUESDAY 30

- (1) Chicken + Waffles OR
- (2) Sloppy Joe
- Variety of Fruits**
- Oven Baked Tater Tots
- Baby Carrots w/ Ranch
- Choice of Milk

### WEDNESDAY 3

- (1) Tacos w/ Spanish Rice OR
- (2) Cheese Quesadilla w/ Spanish Rice
- Variety of Fruits**
- Pinto Beans
- Taco Trimmings
- Choice of Milk

### WEDNESDAY 10

- (1) Chicken Burrito Rice Bowl OR
- (2) Nachos Supreme
- Variety of Fruits**
- Pinto Beans
- Taco Trimmings
- Choice of Milk

### WEDNESDAY 17

- (1) Tacos w/ Spanish Rice OR
- (2) Cheese Quesadilla w/ Spanish Rice
- Variety of Fruits**
- Pinto Beans
- Taco Trimmings
- Choice of Milk

### WEDNESDAY 24

- (1) Chicken Burrito Rice Bowl OR
- (2) Nachos Supreme
- Variety of Fruits**
- Pinto Beans
- Taco Trimmings
- Choice of Milk

### THURSDAY 4

- (1) Orange Chicken w/ Roll OR
- (2) Turkey Deli Sandwich
- Variety of Fruits**
- Seasoned Green Beans
- Sliced Cucumbers w/ Ranch
- Choice of Milk

### THURSDAY 11

- (1) Hotdog OR
- (2) Grilled Cheese
- Variety of Fruits**
- Seasoned Green Beans
- Sliced Cucumbers w/ Ranch
- Choice of Milk

### THURSDAY 18

- (1) Orange Chicken w/ Roll OR
- (2) Turkey Deli Sandwich
- Variety of Fruits**
- Seasoned Green Beans
- Sliced Cucumbers w/ Ranch
- Choice of Milk

### THURSDAY 25

- (1) Hotdog OR
- (2) Grilled Cheese
- Variety of Fruits**
- Seasoned Green Beans
- Sliced Cucumbers w/ Ranch
- Choice of Milk

### FRIDAY 5

- (1) Pizza OR
- (2) Hamburger or Cheeseburger
- Variety of Fruits**
- Romaine Side Salad
- Crinkle Cut Fries
- Choice of Milk

### FRIDAY 12

- (1) Macaroni + Cheese OR
- (2) Italian Meatball Sub
- Variety of Fruits**
- Romaine Side Salad
- Crinkle Cut Fries
- Choice of Milk

### FRIDAY 19

- (1) Pizza OR
- (2) Hamburger or Cheeseburger
- Variety of Fruits**
- Romaine Side Salad
- Crinkle Cut Fries
- Choice of Milk

### FRIDAY 26

- (1) Macaroni + Cheese OR
- (2) Italian Meatball Sub
- Variety of Fruits**
- Romaine Side Salad
- Crinkle Cut Fries
- Choice of Milk

#### 2023-2024 Meal Prices

Grades K-5:	\$3.50
Grades 6-12:	\$3.75
Reduced (all grades):	\$0.40
Sure Start:	Free

#### MAKE A COMPLETE MEAL:

- Entrees: Choose One**
- \*Fruit: Choose One OR Two**
- \*Vegetables: Choose One OR Two**
- Milk: Choose One**
- \*Must Choose a Fruit OR Vegetable\***

**NOTE:** Students are permitted **one complete meal**. Second meals are available at full price. Students who do not select at least 3 items with one being a fruit or vegetable will be charged full price.

## IKEGO ELEMENTARY LUNCH

### MONDAY 1

- (1) Teriyaki Chicken w/ Rice OR
- (2) Spaghetti w/ Meat sauce
- Variety of Fruits**
- Seasoned Roasted Broccoli
- Honey Glazed Carrots
- Choice of Milk

### TUESDAY 2

- (1) Chicken + Waffles OR
- (2) Sloppy Joe
- Variety of Fruits**
- Oven Baked Tater Tots
- Baby Carrots w/ Ranch
- Choice of Milk

### WEDNESDAY 3

- (1) Tacos w/ Spanish Rice OR
- (2) Cheese Quesadilla w/ Spanish Rice
- Variety of Fruits**
- Pinto Beans
- Taco Trimmings
- Choice of Milk

### THURSDAY 4

- (1) Orange Chicken w/ Roll OR
- (2) Turkey Deli Sandwich
- Variety of Fruits**
- Seasoned Green Beans
- Sliced Cucumbers w/ Ranch
- Choice of Milk

### FRIDAY 5

- (1) Pizza OR
- (2) Hamburger or Cheeseburger
- Variety of Fruits**
- Romaine Side Salad
- Crinkle Cut Fries
- Choice of Milk

### MONDAY 8

No School

### TUESDAY 9

- (1) Breakfast for Lunch OR
- (2) Ham and Cheese Croissant
- Variety of Fruits**
- Oven Baked Tater Tots
- Baby Carrots w/ Ranch
- Choice of Milk

### WEDNESDAY 10

- (1) Chicken Burrito Rice Bowl OR
- (2) Nachos Supreme
- Variety of Fruits**
- Pinto Beans
- Taco Trimmings
- Choice of Milk

### THURSDAY 11

- (1) Hotdog OR
- (2) Grilled Cheese
- Variety of Fruits**
- Seasoned Green Beans
- Sliced Cucumbers w/ Ranch
- Choice of Milk

### FRIDAY 12

- (1) Macaroni + Cheese OR
- (2) Italian Meatball Sub
- Variety of Fruits**
- Romaine Side Salad
- Crinkle Cut Fries
- Choice of Milk

### MONDAY 15

- (1) Teriyaki Chicken w/ Rice OR
- (2) Spaghetti w/ Meat sauce
- Variety of Fruits**
- Seasoned Roasted Broccoli
- Honey Glazed Carrots
- Choice of Milk

### TUESDAY 16

- (1) Chicken + Waffles OR
- (2) Sloppy Joe
- Variety of Fruits**
- Oven Baked Tater Tots
- Baby Carrots w/ Ranch
- Choice of Milk

### WEDNESDAY 17

- (1) Tacos w/ Spanish Rice OR
- (2) Cheese Quesadilla w/ Spanish Rice
- Variety of Fruits**
- Pinto Beans
- Taco Trimmings
- Choice of Milk

### THURSDAY 18\*

- (1) Orange Chicken w/ Roll OR
- (2) Pizza
- Variety of Fruits**
- Seasoned Green Beans
- Sliced Cucumbers w/ Ranch
- Choice of Milk

### FRIDAY 19

- (1) Turkey Deli Sandwich OR
- (2) Hamburger or Cheeseburger
- Variety of Fruits**
- Baby Carrots w/ Ranch
- Romaine Side Salad
- Choice of Milk

### MONDAY 22

- (1) Chicken Tenders w/ Roll OR
- (2) Lasagna w/ Roll
- Variety of Fruits**
- Seasoned Roasted Broccoli
- Honey Glazed Carrots
- Choice of Milk

### TUESDAY 23

- (1) Breakfast for Lunch OR
- (2) Ham and Cheese Croissant
- Variety of Fruits**
- Oven Baked Tater Tots
- Baby Carrots w/ Ranch
- Choice of Milk

### WEDNESDAY 24

- (1) Chicken Burrito Rice Bowl OR
- (2) Nachos Supreme
- Variety of Fruits**
- Pinto Beans
- Taco Trimmings
- Choice of Milk

### THURSDAY 25

- (1) Hotdog OR
- (2) Grilled Cheese
- Variety of Fruits**
- Seasoned Green Beans
- Sliced Cucumbers w/ Ranch
- Choice of Milk

### FRIDAY 26

- (1) Macaroni + Cheese OR
- (2) Italian Meatball Sub
- Variety of Fruits**
- Romaine Side Salad
- Crinkle Cut Fries
- Choice of Milk

### MONDAY 29

- (1) Teriyaki Chicken w/ Rice OR
- (2) Spaghetti w/ Meat sauce
- Variety of Fruits**
- Seasoned Roasted Broccoli
- Honey Glazed Carrots
- Choice of Milk

### TUESDAY 30

- (1) Chicken + Waffles OR
- (2) Sloppy Joe
- Variety of Fruits**
- Oven Baked Tater Tots
- Baby Carrots w/ Ranch
- Choice of Milk

#### 2023-2024 Meal Prices

Grades K-5:	\$3.50
Grades 6-12:	\$3.75
Reduced (all grades):	\$0.40
Sure Start:	Free

#### MAKE A COMPLETE MEAL:

- Entrees: Choose One**
- \*Fruit: Choose One OR Two**
- \*Vegetables: Choose One OR Two**
- Milk: Choose One**
- \*Must Choose a Fruit OR Vegetable\***

**NOTE:** Students are permitted **one complete meal**. Second meals are available at full price. Students who do not select at least 3 items with one being a fruit or vegetable will be charged full price.



# APRIL 2024

## YOKOSUKA MIDDLE SCHOOL LUNCH

### MONDAY 1

- (1) Teriyaki Chicken w/ Rice OR
- (2) Spaghetti w/ Meat sauce
- Variety of Fruits**
- Seasoned Roasted Broccoli
- Honey Glazed Carrots
- Choice of Milk

### MONDAY 8

No School

### MONDAY 15

- (1) Teriyaki Chicken w/ Rice OR
- (2) Spaghetti w/ Meat sauce
- Variety of Fruits**
- Seasoned Roasted Broccoli
- Honey Glazed Carrots
- Choice of Milk

### MONDAY 22

- (1) Chicken Tenders w/ Roll OR
- (2) Lasagna w/ Roll
- Variety of Fruits**
- Seasoned Roasted Broccoli
- Honey Glazed Carrots
- Choice of Milk

### MONDAY 29

- (1) Teriyaki Chicken w/ Rice OR
- (2) Spaghetti w/ Meat sauce
- Variety of Fruits**
- Seasoned Roasted Broccoli
- Honey Glazed Carrots
- Choice of Milk

### TUESDAY 2

- (1) Chicken + Waffles OR
- (2) Sloppy Joe
- Variety of Fruits**
- Oven Baked Tater Tots
- Baby Carrots w/ Ranch
- Choice of Milk

### TUESDAY 9

- (1) Breakfast for Lunch OR
- (2) Ham and Cheese Croissant
- Variety of Fruits**
- Oven Baked Tater Tots
- Baby Carrots w/ Ranch
- Choice of Milk

### TUESDAY 16

- (1) Chicken + Waffles OR
- (2) Sloppy Joe
- Variety of Fruits**
- Oven Baked Tater Tots
- Baby Carrots w/ Ranch
- Choice of Milk

### TUESDAY 23

- (1) Breakfast for Lunch OR
- (2) Ham and Cheese Croissant
- Variety of Fruits**
- Oven Baked Tater Tots
- Baby Carrots w/ Ranch
- Choice of Milk

### TUESDAY 30

- (1) Chicken + Waffles OR
- (2) Sloppy Joe
- Variety of Fruits**
- Oven Baked Tater Tots
- Baby Carrots w/ Ranch
- Choice of Milk

### WEDNESDAY 3

- (1) Tacos w/ Spanish Rice OR
- (2) Cheese Quesadilla w/ Spanish Rice
- Variety of Fruits**
- Pinto Beans
- Taco Trimmings
- Choice of Milk

### WEDNESDAY 10

- (1) Chicken Burrito Rice Bowl OR
- (2) Nachos Supreme
- Variety of Fruits**
- Pinto Beans
- Taco Trimmings
- Choice of Milk

### WEDNESDAY 17

- (1) Tacos w/ Spanish Rice OR
- (2) Cheese Quesadilla w/ Spanish Rice
- Variety of Fruits**
- Pinto Beans
- Taco Trimmings
- Choice of Milk

### WEDNESDAY 24

- (1) Chicken Burrito Rice Bowl OR
- (2) Nachos Supreme
- Variety of Fruits**
- Pinto Beans
- Taco Trimmings
- Choice of Milk

### THURSDAY 4

- (1) Orange Chicken w/ Roll OR
- (2) Turkey Deli Sandwich
- Variety of Fruits**
- Seasoned Green Beans
- Sliced Cucumbers w/ Ranch
- Choice of Milk

### THURSDAY 11

- (1) Hotdog OR
- (2) Grilled Cheese
- Variety of Fruits**
- Seasoned Green Beans
- Sliced Cucumbers w/ Ranch
- Choice of Milk

### THURSDAY 18

- (1) Orange Chicken w/ Roll OR
- (2) Turkey Deli Sandwich
- Variety of Fruits**
- Seasoned Green Beans
- Sliced Cucumbers w/ Ranch
- Choice of Milk

### THURSDAY 25

- (1) Hotdog OR
- (2) Grilled Cheese
- Variety of Fruits**
- Seasoned Green Beans
- Sliced Cucumbers w/ Ranch
- Choice of Milk

### FRIDAY 5

- (1) Pizza OR
- (2) Hamburger or Cheeseburger
- Variety of Fruits**
- Romaine Side Salad
- Crinkle Cut Fries
- Choice of Milk

### FRIDAY 12

- (1) Macaroni + Cheese OR
- (2) Italian Meatball Sub
- Variety of Fruits**
- Romaine Side Salad
- Crinkle Cut Fries
- Choice of Milk

### FRIDAY 19

- (1) Pizza OR
- (2) Hamburger or Cheeseburger
- Variety of Fruits**
- Romaine Side Salad
- Crinkle Cut Fries
- Choice of Milk

### FRIDAY 26

- (1) Macaroni + Cheese OR
- (2) Italian Meatball Sub
- Variety of Fruits**
- Romaine Side Salad
- Crinkle Cut Fries
- Choice of Milk

#### 2023-2024 Meal Prices

Grades K-5:	\$3.50
Grades 6-12:	\$3.75
Reduced (all grades):	\$0.40
Sure Start:	Free

#### MAKE A COMPLETE MEAL:

- Entrees: Choose One**
- \*Fruit: Choose One OR Two**
- \*Vegetables: Choose One OR Two**
- Milk: Choose One**
- \*Must Choose a Fruit OR Vegetable\***

**NOTE:** Students are permitted **one complete meal**. Second meals are available at full price. Students who do not select at least 3 items with one being a fruit or vegetable will be charged full price.

## NILE C KINNICK HIGH SCHOOL LUNCH

### MONDAY 1

- (1) Teriyaki Chicken w/ Rice OR
- (2) Spaghetti w/ Meat sauce
- Variety of Fruits**
- Seasoned Roasted Broccoli
- Honey Glazed Carrots
- Choice of Milk

### MONDAY 8

No School

### MONDAY 15

- (1) Teriyaki Chicken w/ Rice OR
- (2) Spaghetti w/ Meat sauce
- Variety of Fruits**
- Seasoned Roasted Broccoli
- Honey Glazed Carrots
- Choice of Milk

### MONDAY 22

- (1) Chicken Tenders w/ Roll OR
- (2) Lasagna w/ Roll
- Variety of Fruits**
- Seasoned Roasted Broccoli
- Honey Glazed Carrots
- Choice of Milk

### MONDAY 29

- (1) Teriyaki Chicken w/ Rice OR
- (2) Spaghetti w/ Meat sauce
- Variety of Fruits**
- Seasoned Roasted Broccoli
- Honey Glazed Carrots
- Choice of Milk

### TUESDAY 2

- (1) Chicken + Waffles OR
- (2) Sloppy Joe
- Variety of Fruits**
- Oven Baked Tater Tots
- Baby Carrots w/ Ranch
- Choice of Milk

### TUESDAY 9

- (1) Breakfast for Lunch OR
- (2) Ham and Cheese Croissant
- Variety of Fruits**
- Oven Baked Tater Tots
- Baby Carrots w/ Ranch
- Choice of Milk

### TUESDAY 16

- (1) Chicken + Waffles OR
- (2) Sloppy Joe
- Variety of Fruits**
- Oven Baked Tater Tots
- Baby Carrots w/ Ranch
- Choice of Milk

### TUESDAY 23

- (1) Breakfast for Lunch OR
- (2) Ham and Cheese Croissant
- Variety of Fruits**
- Oven Baked Tater Tots
- Baby Carrots w/ Ranch
- Choice of Milk

### TUESDAY 30

- (1) Chicken + Waffles OR
- (2) Sloppy Joe
- Variety of Fruits**
- Oven Baked Tater Tots
- Baby Carrots w/ Ranch
- Choice of Milk

### WEDNESDAY 3

- (1) Tacos w/ Spanish Rice OR
- (2) Cheese Quesadilla w/ Spanish Rice
- Variety of Fruits**
- Pinto Beans
- Taco Trimmings
- Choice of Milk

### WEDNESDAY 10

- (1) Chicken Burrito Rice Bowl OR
- (2) Nachos Supreme
- Variety of Fruits**
- Pinto Beans
- Taco Trimmings
- Choice of Milk

### WEDNESDAY 17

- (1) Tacos w/ Spanish Rice OR
- (2) Cheese Quesadilla w/ Spanish Rice
- Variety of Fruits**
- Pinto Beans
- Taco Trimmings
- Choice of Milk

### WEDNESDAY 24

- (1) Chicken Burrito Rice Bowl OR
- (2) Nachos Supreme
- Variety of Fruits**
- Pinto Beans
- Taco Trimmings
- Choice of Milk

### THURSDAY 4

- (1) Orange Chicken w/ Roll OR
- (2) Turkey Deli Sandwich
- Variety of Fruits**
- Seasoned Green Beans
- Sliced Cucumbers w/ Ranch
- Choice of Milk

### THURSDAY 11

- (1) Hotdog OR
- (2) Grilled Cheese
- Variety of Fruits**
- Seasoned Green Beans
- Sliced Cucumbers w/ Ranch
- Choice of Milk

### THURSDAY 18

- (1) Orange Chicken w/ Roll OR
- (2) Turkey Deli Sandwich
- Variety of Fruits**
- Seasoned Green Beans
- Sliced Cucumbers w/ Ranch
- Choice of Milk

### THURSDAY 25

- (1) Hotdog OR
- (2) Grilled Cheese
- Variety of Fruits**
- Seasoned Green Beans
- Sliced Cucumbers w/ Ranch
- Choice of Milk

### FRIDAY 5

- (1) Pizza OR
- (2) Hamburger or Cheeseburger
- Variety of Fruits**
- Romaine Side Salad
- Crinkle Cut Fries
- Choice of Milk

### FRIDAY 12

- (1) Macaroni + Cheese OR
- (2) Italian Meatball Sub
- Variety of Fruits**
- Romaine Side Salad
- Crinkle Cut Fries
- Choice of Milk

### FRIDAY 19

- (1) Pizza OR
- (2) Hamburger or Cheeseburger
- Variety of Fruits**
- Romaine Side Salad
- Crinkle Cut Fries
- Choice of Milk

### FRIDAY 26

- (1) Macaroni + Cheese OR
- (2) Italian Meatball Sub
- Variety of Fruits**
- Romaine Side Salad
- Crinkle Cut Fries
- Choice of Milk

#### 2023-2024 Meal Prices

Grades K-5:	\$3.50
Grades 6-12:	\$3.75
Reduced (all grades):	\$0.40
Sure Start:	Free

#### MAKE A COMPLETE MEAL:

- Entrees: Choose One**
- \*Fruit: Choose One OR Two**
- \*Vegetables: Choose One OR Two**
- Milk: Choose One**
- \*Must Choose a Fruit OR Vegetable\***

**NOTE:** Students are permitted **one complete meal**. Second meals are available at full price. Students who do not select at least 3 items with one being a fruit or vegetable will be charged full price.

# APRIL 2024

## SURE START LUNCH

### MONDAY 1

Pasta w/ Meat Sauce  
**Variety of Fruits**  
 Seasoned Roasted Broccoli  
 Honey Glazed Carrots  
 Choice of Milk

### TUESDAY 2

Chicken + Waffles  
**Variety of Fruits**  
 Oven Baked Tater Tots  
 Choice of Milk

### WEDNESDAY 3

Cheese Quesadilla w/ Spanish Rice  
**Variety of Fruits**  
 Pinto Beans  
 Taco Trimmings  
 Choice of Milk

### THURSDAY 4

Orange Chicken w/ Roll  
**Variety of Fruits**  
 Seasoned Green Beans  
 Sliced Cucumbers w/ Ranch  
 Choice of Milk

### FRIDAY 5

Pizza  
**Variety of Fruits**  
 Romaine Side Salad  
 Crinkle Cut Fries  
 Choice of Milk

### MONDAY 8

No School

### TUESDAY 9

Breakfast for Lunch  
**Variety of Fruits**  
 Oven Baked Tater Tots  
 Choice of Milk

### WEDNESDAY 10

Chicken Burrito Rice Bowl  
**Variety of Fruits**  
 Pinto Beans  
 Taco Trimmings  
 Choice of Milk

### THURSDAY 11

Grilled Cheese  
**Variety of Fruits**  
 Seasoned Green Beans  
 Sliced Cucumbers w/ Ranch  
 Choice of Milk

### FRIDAY 12

Macaroni + Cheese  
**Variety of Fruits**  
 Romaine Side Salad  
 Crinkle Cut Fries  
 Choice of Milk

### MONDAY 15

Pasta w/ Meat Sauce  
**Variety of Fruits**  
 Seasoned Roasted Broccoli  
 Honey Glazed Carrots  
 Choice of Milk

### TUESDAY 16

Chicken + Waffles  
**Variety of Fruits**  
 Oven Baked Tater Tots  
 Choice of Milk

### WEDNESDAY 17

Cheese Quesadilla w/ Spanish Rice  
**Variety of Fruits**  
 Pinto Beans  
 Taco Trimmings  
 Choice of Milk

### THURSDAY 18

Orange Chicken w/ Roll  
**Variety of Fruits**  
 Seasoned Green Beans  
 Sliced Cucumbers w/ Ranch  
 Choice of Milk

### FRIDAY 19

Pizza  
**Variety of Fruits**  
 Romaine Side Salad  
 Crinkle Cut Fries  
 Choice of Milk

### MONDAY 22

Chicken Tenders w/ Breadstick  
**Variety of Fruits**  
 Seasoned Roasted Broccoli  
 Honey Glazed Carrots  
 Choice of Milk

### TUESDAY 23

Breakfast for Lunch  
**Variety of Fruits**  
 Oven Baked Tater Tots  
 Choice of Milk

### WEDNESDAY 24

Chicken Burrito Rice Bowl  
**Variety of Fruits**  
 Pinto Beans  
 Taco Trimmings  
 Choice of Milk

### THURSDAY 25

Grilled Cheese  
**Variety of Fruits**  
 Seasoned Green Beans  
 Sliced Cucumbers w/ Ranch  
 Choice of Milk

### FRIDAY 26

Macaroni + Cheese  
**Variety of Fruits**  
 Romaine Side Salad  
 Crinkle Cut Fries  
 Choice of Milk

### MONDAY 29

Pasta w/ Meat Sauce  
**Variety of Fruits**  
 Seasoned Roasted Broccoli  
 Honey Glazed Carrots  
 Choice of Milk

### TUESDAY 30

Chicken + Waffles  
**Variety of Fruits**  
 Oven Baked Tater Tots  
 Choice of Milk

#### 2023-2024 Meal Prices

Grades K-5:	\$3.50
Grades 6-12:	\$3.75
Reduced (all grades):	\$0.40
Sure Start:	Free

#### \*Sure Start lunch is served family style\*

#### Family Style Means:

- Children eat in their classrooms
- Everyone eats the same food
- Children Serves themselves

#### Family Style Promotes:

- Physical, social and emotional development
- Decision making skills
- Sharing