

BAHRAIN ELEMENTARY LUNCH

2023-2024 Meal Prices

Grades K-5: \$3.50
 Grades 6-12: \$3.75
 Reduced (all grades): \$0.40
 Breakfast: \$2.00 (\$0.30 reduced)

MONDAY 1

(1) Macaroni + Cheese OR
 (2) Yogurt + Granola Parfait
Variety of Fruits
 Oven Baked Tater Tots
 Carrot Sticks w/ Ranch
 Choice of Milk

MONDAY 8

(1) Breakfast for Lunch OR
 (2) Ham and Cheese Croissant
Variety of Fruits
 Oven Baked Tater Tots
 Carrot Sticks w/ Ranch
 Choice of Milk

MONDAY 15

(1) Macaroni + Cheese OR
 (2) Yogurt + Granola Parfait
Variety of Fruits
 Oven Baked Tater Tots
 Carrot Sticks w/ Ranch
 Choice of Milk

MONDAY 22

(1) Breakfast for Lunch OR
 (2) Ham and Cheese Croissant
Variety of Fruits
 Oven Baked Tater Tots
 Carrot Sticks w/ Ranch
 Choice of Milk

MONDAY 29

(1) Macaroni + Cheese OR
 (2) Yogurt + Granola Parfait
Variety of Fruits
 Oven Baked Tater Tots
 Carrot Sticks w/ Ranch
 Choice of Milk

TUESDAY 2

(1) Tacos w/ Spanish Rice OR
 (2) Cheese Quesadilla w/ Spanish Rice
Variety of Fruits
 Pinto Beans
 Taco Trimmings
 Choice of Milk

TUESDAY 9

(1) Chicken Burrito Rice Bowl OR
 (2) Nachos Supreme
Variety of Fruits
 Pinto Beans
 Taco Trimmings
 Choice of Milk

TUESDAY 16

(1) Tacos w/ Spanish Rice OR
 (2) Cheese Quesadilla w/ Spanish Rice
Variety of Fruits
 Pinto Beans
 Taco Trimmings
 Choice of Milk

TUESDAY 23

(1) Chicken Burrito Rice Bowl OR
 (2) Nachos Supreme
Variety of Fruits
 Pinto Beans
 Taco Trimmings
 Choice of Milk

TUESDAY 30

(1) Tacos w/ Spanish Rice OR
 (2) Cheese Quesadilla w/ Spanish Rice
Variety of Fruits
 Pinto Beans
 Taco Trimmings
 Choice of Milk

WEDNESDAY 3

(1) BBQ Chicken w/ Garlic Roll OR
 (2) Sloppy Joe
Variety of Fruits
 Seasoned Green Beans
 Sliced Cucumbers w/ Ranch
 Choice of Milk

WEDNESDAY 10

No School

WEDNESDAY 17

(1) BBQ Chicken w/ Garlic Roll OR
 (2) Sloppy Joe
Variety of Fruits
 Seasoned Green Beans
 Sliced Cucumbers w/ Ranch
 Choice of Milk

WEDNESDAY 24

(1) Hotdogs OR
 (2) Grilled Cheese
Variety of Fruits
 Seasoned Green Beans
 Sliced Cucumbers w/ Ranch
 Choice of Milk

THURSDAY 4

(1) Pizza OR
 (2) Hamburger or Cheeseburger
Variety of Fruits
 Romaine Side Salad
 Crinkle Cut Fries
 Choice of Milk

THURSDAY 11

No School

THURSDAY 18

(1) Pizza OR
 (2) Hamburger or Cheeseburger
Variety of Fruits
 Romaine Side Salad
 Crinkle Cut Fries
 Choice of Milk

THURSDAY 25

(1) Cheesy Breadsticks w/ Marinara OR
 (2) Italian Meatball Sub
Variety of Fruits
 Romaine Side Salad
 Crinkle Cut Fries
 Choice of Milk

SUNDAY 7

(1) Chicken Tenders w/ Corn Muffin OR
 (2) Lasagna w/ Breadstick
Variety of Fruits
 Seasoned Roasted Broccoli
 Honey Glazed Carrots
 Choice of Milk

SUNDAY 14

(1) Teriyaki Chicken w/ Rice or
 (2) Pasta w/ Meat Sauce & Roll
Variety of Fruits
 Seasoned Roasted Broccoli
 Honey Glazed Carrots
 Choice of Milk

SUNDAY 21

(1) Chicken Tenders w/ Corn Muffin OR
 (2) Lasagna w/ Breadstick
Variety of Fruits
 Seasoned Roasted Broccoli
 Honey Glazed Carrots
 Choice of Milk

SUNDAY 28

(1) Teriyaki Chicken w/ Rice or
 (2) Pasta w/ Meat Sauce & Roll
Variety of Fruits
 Seasoned Roasted Broccoli
 Honey Glazed Carrots
 Choice of Milk

MAKE A COMPLETE MEAL:

Entrees: Choose One

*Fruit: Choose One OR Two

*Vegetables: Choose One OR Two

Milk: Choose One

Must Choose a Fruit OR Vegetable

NOTE: Students are permitted **one complete meal**. Second meals are available at full price. Students who do not select at least 3 items with one being a fruit or vegetable will be charged full price.

BAHRAIN MIDDLE/HIGH LUNCH

2023-2024 Meal Prices

Grades K-5: \$3.50
 Grades 6-12: \$3.75
 Reduced (all grades): \$0.40
 Breakfast: \$2.00 (\$0.30 reduced)

SUNDAY 7

(1) Chicken Tenders w/ Corn Muffin OR
 (2) Lasagna w/ Breadstick
Variety of Fruits
 Seasoned Roasted Broccoli
 Honey Glazed Carrots
 Choice of Milk

SUNDAY 14

(1) Teriyaki Chicken w/ Rice & Roll or
 (2) Pasta w/ Meat Sauce & Roll
Variety of Fruits
 Seasoned Roasted Broccoli
 Honey Glazed Carrots
 Choice of Milk

SUNDAY 21

(1) Chicken Tenders w/ Corn Muffin OR
 (2) Lasagna w/ Breadstick
Variety of Fruits
 Seasoned Roasted Broccoli
 Honey Glazed Carrots
 Choice of Milk

SUNDAY 28

(1) Teriyaki Chicken w/ Rice & Roll or
 (2) Pasta w/ Meat Sauce & Roll
Variety of Fruits
 Seasoned Roasted Broccoli
 Honey Glazed Carrots
 Choice of Milk

MONDAY 1

(1) Macaroni + Cheese OR
 (2) Yogurt + Granola Parfait
Variety of Fruits
 Oven Baked Tater Tots
 Carrot Sticks w/ Ranch
 Choice of Milk

MONDAY 8

(1) Breakfast for Lunch OR
 (2) Ham and Cheese Croissant
Variety of Fruits
 Oven Baked Tater Tots
 Carrot Sticks w/ Ranch
 Choice of Milk

MONDAY 15

(1) Macaroni + Cheese OR
 (2) Yogurt + Granola Parfait
Variety of Fruits
 Oven Baked Tater Tots
 Carrot Sticks w/ Ranch
 Choice of Milk

MONDAY 22

(1) Breakfast for Lunch OR
 (2) Ham and Cheese Croissant
Variety of Fruits
 Oven Baked Tater Tots
 Carrot Sticks w/ Ranch
 Choice of Milk

MONDAY 29

(1) Macaroni + Cheese OR
 (2) Yogurt + Granola Parfait
Variety of Fruits
 Oven Baked Tater Tots
 Carrot Sticks w/ Ranch
 Choice of Milk

TUESDAY 2

(1) Tacos w/ Spanish Rice OR
 (2) Cheese Quesadilla w/ Spanish Rice
Variety of Fruits
 Pinto Beans
 Taco Trimmings
 Choice of Milk

TUESDAY 9

(1) Chicken Burrito Rice Bowl OR
 (2) Nachos Supreme
Variety of Fruits
 Pinto Beans
 Taco Trimmings
 Choice of Milk

TUESDAY 16

(1) Tacos w/ Spanish Rice OR
 (2) Cheese Quesadilla w/ Spanish Rice
Variety of Fruits
 Pinto Beans
 Taco Trimmings
 Choice of Milk

TUESDAY 23

(1) Chicken Burrito Rice Bowl OR
 (2) Nachos Supreme
Variety of Fruits
 Pinto Beans
 Taco Trimmings
 Choice of Milk

TUESDAY 30

(1) Tacos w/ Spanish Rice OR
 (2) Cheese Quesadilla w/ Spanish Rice
Variety of Fruits
 Pinto Beans
 Taco Trimmings
 Choice of Milk

WEDNESDAY 3

(1) BBQ Chicken w/ Garlic Roll OR
 (2) Sloppy Joe
Variety of Fruits
 Seasoned Green Beans
 Sliced Cucumbers w/ Ranch
 Choice of Milk

WEDNESDAY 10

No School

WEDNESDAY 17

(1) BBQ Chicken w/ Garlic Roll OR
 (2) Sloppy Joe
Variety of Fruits
 Seasoned Green Beans
 Sliced Cucumbers w/ Ranch
 Choice of Milk

WEDNESDAY 24

(1) Hotdogs OR
 (2) Grilled Cheese
Variety of Fruits
 Seasoned Green Beans
 Sliced Cucumbers w/ Ranch
 Choice of Milk

THURSDAY 4

(1) Pizza OR
 (2) Hamburger or Cheeseburger
Variety of Fruits
 Romaine Side Salad
 Crinkle Cut Fries
 Choice of Milk

THURSDAY 11

No School

THURSDAY 18

(1) Pizza OR
 (2) Hamburger or Cheeseburger
Variety of Fruits
 Romaine Side Salad
 Crinkle Cut Fries
 Choice of Milk

THURSDAY 25

(1) Cheesy Breadsticks w/ Marinara OR
 (2) Italian Meatball Sub
Variety of Fruits
 Romaine Side Salad
 Crinkle Cut Fries
 Choice of Milk

MAKE A COMPLETE MEAL:

Entrees: Choose One
***Fruit: Choose One OR Two**
***Vegetables: Choose One OR Two**
 Milk: Choose One
Must Choose a Fruit OR Vegetable

NOTE: Students are permitted **one complete meal**. Second meals are available at full price. Students who do not select at least 3 items with one being a fruit or vegetable will be charged full price.

APRIL 2024

BAHRAIN BREAKFAST LUNCH

MONDAY 1

- (1) Breakfast Sandwich OR
- (2) Assorted Cereal
- Assorted Fresh Fruits**
- Choice of Milk

TUESDAY 2

- (1) Whole Grain Bagel w/ Cream Cheese OR
- (2) Assorted Cereal
- Assorted Fresh Fruits**
- Choice of Milk

WEDNESDAY 3

- (1) Biscuits w/ Jelly OR
- (2) Assorted Cereal
- Assorted Fresh Fruits**
- Choice of Milk

THURSDAY 4

- (1) Breakfast Burrito (Egg & Cheese) OR
- (2) Assorted Cereal
- Assorted Fresh Fruits**
- Choice of Milk

SUNDAY 7

- (1) Maple French Toast Squares OR
- (2) Assorted Cereal
- Assorted Fresh Fruits**
- Choice of Milk

MONDAY 8

- (1) Breakfast Sandwich OR
- (2) Assorted Cereal
- Assorted Fresh Fruits**
- Choice of Milk

TUESDAY 9

- (1) Whole Grain Bagel w/ Cream Cheese OR
- (2) Assorted Cereal
- Assorted Fresh Fruits**
- Choice of Milk

WEDNESDAY 10

No School

THURSDAY 11

No School

SUNDAY 14

- (1) Maple French Toast Squares OR
- (2) Assorted Cereal
- Assorted Fresh Fruits**
- Choice of Milk

MONDAY 15

- (1) Breakfast Sandwich OR
- (2) Assorted Cereal
- Assorted Fresh Fruits**
- Choice of Milk

TUESDAY 16

- (1) Whole Grain Bagel w/ Cream Cheese OR
- (2) Assorted Cereal
- Assorted Fresh Fruits**
- Choice of Milk

WEDNESDAY 17

- (1) Biscuits w/ Jelly OR
- (2) Assorted Cereal
- Assorted Fresh Fruits**
- Choice of Milk

THURSDAY 18

- (1) Breakfast Burrito (Egg & Cheese) OR
- (2) Assorted Cereal
- Assorted Fresh Fruits**
- Choice of Milk

SUNDAY 21

- (1) Maple French Toast Squares OR
- (2) Assorted Cereal
- Assorted Fresh Fruits**
- Choice of Milk

MONDAY 22

- (1) Breakfast Sandwich OR
- (2) Assorted Cereal
- Assorted Fresh Fruits**
- Choice of Milk

TUESDAY 23

- (1) Whole Grain Bagel w/ Cream Cheese OR
- (2) Assorted Cereal
- Assorted Fresh Fruits**
- Choice of Milk

WEDNESDAY 24

- (1) Biscuits w/ Jelly OR
- (2) Assorted Cereal
- Assorted Fresh Fruits**
- Choice of Milk

THURSDAY 25

- (1) Breakfast Burrito (Egg & Cheese) OR
- (2) Assorted Cereal
- Assorted Fresh Fruits**
- Choice of Milk

SUNDAY 28

- (1) Maple French Toast Squares OR
- (2) Assorted Cereal
- Assorted Fresh Fruits**
- Choice of Milk

MONDAY 29

- (1) Breakfast Sandwich OR
- (2) Assorted Cereal
- Assorted Fresh Fruits**
- Choice of Milk

TUESDAY 30

- (1) Whole Grain Bagel w/ Cream Cheese OR
- (2) Assorted Cereal
- Assorted Fresh Fruits**
- Choice of Milk

2023-2024 Meal Prices
 Breakfast: \$2.00 (\$0.30 reduced)

MAKE A COMPLETE MEAL:

Entrees: Choose One

*Fruit: Choose One OR Two

*Milk: Choose One

Must Choose a Fruit OR Vegetable

NOTE: Students are permitted **one complete meal**. Second meals are available at full price. Students who do not select at least 3 items with one being a fruit will be charged full price.