



# **/Hafa Adai Guam**

UPDATED: December 2019



Keeping an open mind before your arrival and throughout your tour is and will be the most important thing. All too often people get the wrong idea or impression based on another person's experience. This can be good and or bad depending on the experience of that person. You're going to face challenges with the move, your household good shipment, shipping your POV, the airline, your travel claim, heat, culture, island time, staffing, island fever, the speed limit, time zone, FPO frustration and homesickness. Despite the challenges Guam can be a fun and safe place to live and work. Having an overall positive experience will depend on **your** attitude...

**First and Foremost... You will be issued a set of Travel Orders, often referred to as “PCS” Orders. This document is everything. DO NOT LOSE IT. Make copies. You can’t start or do anything without them so be sure to request them ASAP...**



**Someone in Guam will be selected to be your sponsor... You and your sponsor need to communicate as much as possible before you arrive.**



## Notes:

- **It is paramount your sponsor be someone who has PCS'd to Guam. They will understand what you are about to go through**
- **It is also better if your sponsor PCS'd recently... Someone that PCS'd years back is not going to do you any good**
- **Preferably, you will also want your sponsor to be in the same family status as you. This is important as a bachelor moving half way around the world is not the same as a family of four with a cat and dog**
- **Be sure to be talking with your sponsor on a regular basis. Before leaving is the best time to be asking a lot of questions**

The NEXCOM HUB Code H site will have relocation resources for you to review. The site can be accessed with the link below using a NEXCOM network PC.

<https://intranet.nexad.nexweb.us/H/HS/Pages/Relocation.aspx>

**NEXCOM HUB**  
MISSION: YOU

Intranet 00 A B CPI D EEO F H I K L M N OC OIA OM PAO S TPO U Help

RELOCATION  
MANAGEMENT STAFFING  
INTERNAL APPLICANTS  
CONTINUITY OF EMPLOYMENT PROGRAM  
MY CAREER HOME  
SITE INDEX  
Site Contents



## RELOCATION

Discover our mission - let your journey begin!

### Relocation Information

+ new document or drag files here

✓ Name

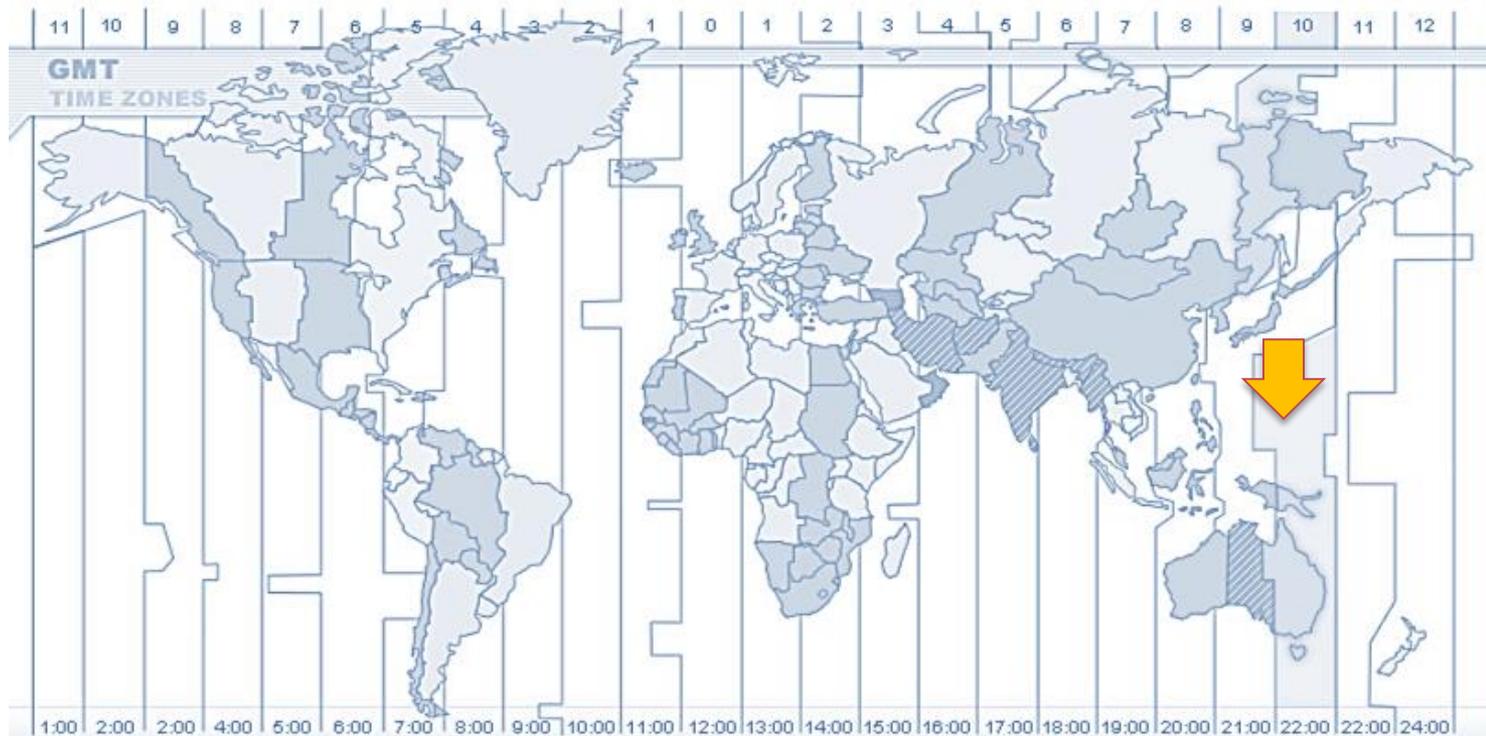
- Term : **Conditions of Employment** (4)
- Term : **General Information** (5)
- Term : **Overseas Info** (3)
- Term : **Overseas Relocation Info and Forms** (7)
- Term : **Special Needs Family Info** (5)

### Overseas Base Information

- DoD Military Installations
- Djibouti Info & Requirements (Rev. 2017)
- US European Command
- US Naval Forces Europe
- US Naval Support Activity Naples
- NAS Sigonella
- Naval Station Rota
- Naval Station Guantanamo Bay
- Naval Base Pearl Harbor, Hawaii
- Djibouti-Camp Lemonnier
- NSA Souda Bay
- NSA Bahrain
- Guam Regional Naval Command



- The number one question you'll be asked when talking to folks back home:
  - “What time is it over there?”
- Guam Time Zone is GMT +10.
  - Guam is where America's day begins; literally a day a head of everyone else
  - We are 14 hours ahead of NEXCOM



## NCTS Guam:

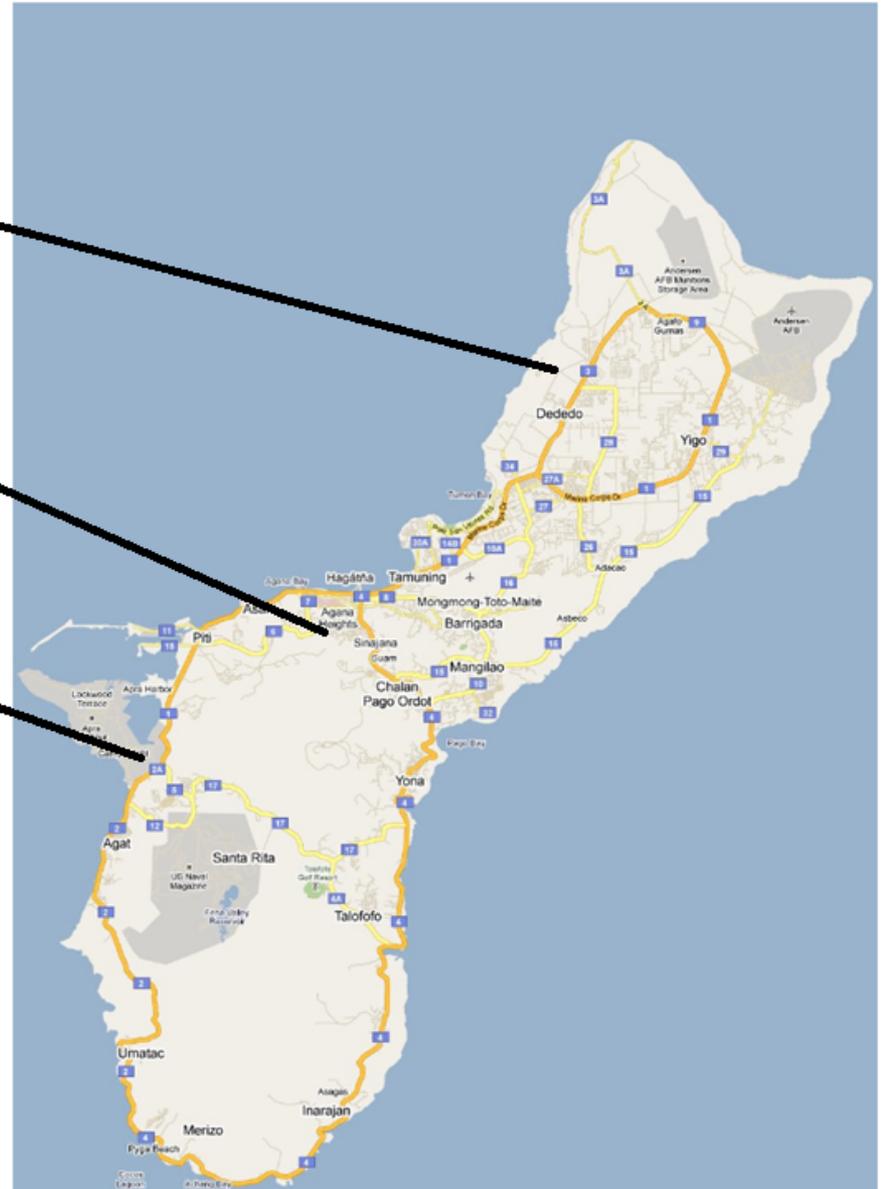
- 452 Main Store
- 455 Autoport

## Naval Hospital:

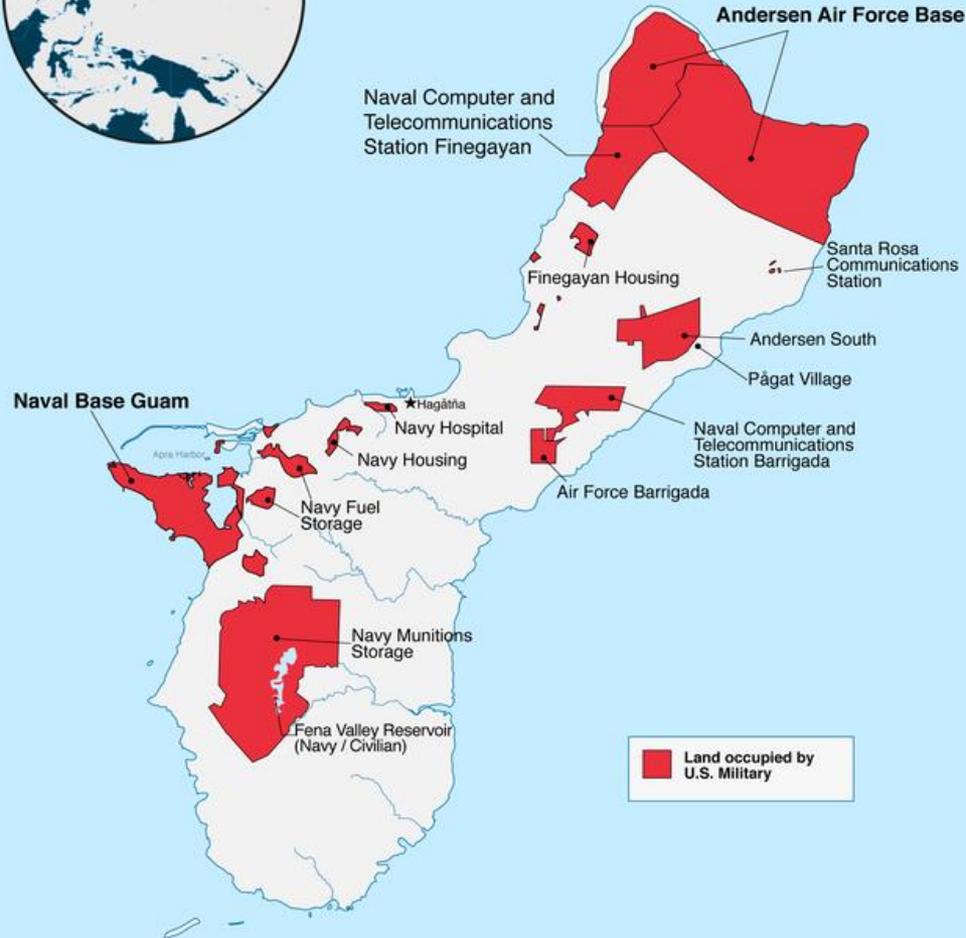
- 446 Gift Shop
- 457 Main Store
- 458 Autoport

## Naval Base Guam:

- 440 Main Store
- 441 Home Store
- 442 Furniture Store
- 444 Apra Mini Mart
- 451 Car Care Center
- 712 Polaris Point
- 756 NBG Mini Mart
- 994 Distribution Center



## GUAM



Source: U.S. Navy. Map designed by Johnny Harris.

Enter these coordinates into google maps to get a birds eye view of where they're at.

- Guam Main Store / Food Court / DC / Admin Office: 13.414234, 144.664228
- Car Care Center / Coin Op Car Wash: 13.414256, 144.665077
- Home Gallery (Furniture Store) / Vending Office: 13.413022, 144.665845
- Home Center (Garden / Outdoor, Large Appliances and Dive Shop): 13.416325, 144.662187
- DC/Customer Pick Up WHS 4: 13.424425, 144.660462
- DC Frozen WHS 7: 13.423625, 144.672382
- DC Beverage WHS 5: 13.421655, 144.670925
- FD Shop: 13.426343, 144.659580
- Visual Storage: 13.425981, 144.659823
- Coin-Op Laundry: 13.431720, 144.658946
- Mini-Mart & Gas Station, Subway: 13.429119, 144.654345
- Wendy's: 13.416773, 144.663803
- Military Auto Source: 13.416767, 144.662802
- Infusion Coffee Shop: 13.421933, 144.675335
- Hafa Adai Hut Vending: 13.435720, 144.662137
- Snack Shack Vending: 13.422697, 144.676166
- Victor Wharf Welcome Center: 13.418714, 144.666382
  
- Apra Housing Mini-Mart: 13.403576, 144.682680
  
- Polaris Point Mini-Mart: 13.444967, 144.671909
  
- Naval Hospital Mini-Mart: 13.473818, 144.740717
- Naval Hospital Autoport & Gas: 13.473604, 144.740094
- Naval Hospital Gift Shop/Subway: 13.475268, 144.736462
  
- NCTS Main Store: 13.573091, 144.845225
- NCTS Mini-Mart & Gas Station: 13.573091, 144.845225
  
- DC Barrigada Warehouse BLDG 100: 13.478405, 144.813342



## GUAM SENIOR MANAGEMENT TEAM

December 2019

<i>General Mgr</i>	<i>Lisa Ballejo</i>	<i><a href="mailto:lisa.ballejo@nexweb.org">lisa.ballejo@nexweb.org</a></i>
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<i>Logistics Mgr</i>	<i>Billy Melton</i>	<i><a href="mailto:william.melton@nexweb.org">william.melton@nexweb.org</a></i>
<i>WMS Mgr</i>	<i>Marla Jean Reyes</i>	<i><a href="mailto:marlajean.reyes@nexweb.org">marlajean.reyes@nexweb.org</a></i>
<i>Human Resource Mgr</i>	<i>Leigh Stephens</i>	<i><a href="mailto:karol.stephens@nexweb.org">karol.stephens@nexweb.org</a></i>
<i>Computer Specialist</i>	<i>Mike Sazon</i>	<i><a href="mailto:michael.sazon@nexweb.org">michael.sazon@nexweb.org</a></i>
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<i>Div. Mgr, Consumables</i>	<i>Bertha Castro</i>	<i><a href="mailto:bertha.castro@nexweb.org">bertha.castro@nexweb.org</a></i>

- Joint Region Marianas
- Naval Base Guam
- Naval Hospital Guam
- NCTS Guam
- Andersen Air Force Base



Ships: USS *Chicago* (SSN-721), USS *Key West* (SSN-722), USS *Oklahoma City* (SSN-723), and USS *Topeka* (SSN-754), USS *Frank Cable* (AS-40), USS *Emory S. Land* (AS-39), USCGC *Sequoia* (WLB-215), USCGC *Assateague* (WPB-1337), and USCGC *Washington* (WPB-1331).





F4U Corsair Wreckage NBG Historic Trail









Many tours here are 12 - 24 months... You will be experiencing a high turnover rate with active duty and DOD civilians. Keep yourself on top of who is in charge of areas you'll be working with.



By now I'm sure you have googled "Guam" to no end... Important considerations would be that much of the information found on the net and social media are from a perspective of the person who is filming/posting wants you to see... Meaning you are getting a very one sided and often misguide perspective. Remember to keep an open mind. It's easy to read or watch a negative or misinformed post and get the wrong impression. Keep an open mind...

- <https://www.youtube.com/watch?v=KP4I0CsieD8&nohtml5=False>
- <https://www.youtube.com/watch?v=j9I9JmkA5q0&nohtml5=False>



Google Search

I'm Feeling Lucky

- The official language of Guam is English and CHamorro. English is widely spoken however, you will hear and see words in CHamorro. CHamorro is the language of the indigenous people of the Mariana Islands. The language borrows many words from Spanish. If you speak Spanish many words will come naturally
- **Hafa Adai** (pronounced Haf-ah-day) means hello, and you will hear it throughout the day



The **CHamorro** people are the indigenous people of the Mariana Islands; divided between the United States Territory of Guam and the United States Commonwealth of the Northern Mariana Islands in Micronesia. According to the 2000 Census, approximately 65,000 people of CHamorro ancestry live on Guam and another 19,000 live in the Northern Marianas. Another 93,000 live outside the Marianas within the United States.

Note: The pictures below are for cultural reference only. Nobody dresses like this anymore or lives in grass huts...



- The phrase *inafa' maolek* (pronounced e-na-fah mao-lek) describes the CHamorro concept of restoring harmony or order. The literal translation is 'to make' (*inafa*) 'good' (*maolek*). Dr. Robert A. Underwood first wrote about six traditional values that make up *inafa' maolek* in the late 1970s.
- Dr. Katherine Aguon explained that the concept of *inafa' maolek* is the foundation of the CHamorro culture. Dr. Aguon elaborates it is this concept of restoring harmony that espouses the **six CHamorro traditional values** of:
- (1) **Respetu** – the provision of respect afforded to our elderly and others significant individuals within the family and community.
- (2) **Manginge** – an expression of respect given to elders and persons of authority; likened to a kiss, this expression of reverence is displayed by the motion of a slight touch of the nose to the back part of a person's right hand.
- (3) **Mamahlaho** – to be shamefaced, embarrassed or ashamed.
- (4) **Chenchule** – present (money) donation, things that are given away, gift not specifically associated with any particular event.
- (5) **Che'lu** – Relationships with siblings.
- (6) **Påtgon** – Children are valued and raising them is everyone's responsibility.

Understanding these Core Values will make your transition easier...



- ***Nginge' or "Amen"*** is a term that describes the smelling or sniffing of the back part of an elder's slightly raised right hand. The CHamorro practice of *Nginge'* was a way of taking in the essence of one's spirit and pre-dates colonization
- This ritual among CHamorro people is still often done upon meeting, as sign of respect and honor toward elders. While traditionally done for elders it is also practiced for those in positions such as managers, teachers, parents, older siblings and elected officials
- In a slightly bowed position, the giver of this gesture takes the hand of the receiver and brings the hand to the nose of the giver
- In recent times this custom of showing respect has evolved to include kissing the cheek of an elder
- This custom symbolizes a living cultural institution of respect in CHamorro society



- Guam is a Foreign or 3<sup>rd</sup> world. (**False**)
- Guam is not safe. (**False**)
- The locals don't speak English. (**False**)
- Locals still live in grass huts. (**False**)
- Locals still wear grass skirts. (**False**)
- Living off base is too expensive. (**False**)
- The island will capsize. (**False**)
- There are No birds on Guam. (**False**)
- Brown Snakes are everywhere. (**False**)
- North Korea has threatened the island. **True**, but they have also threatened the United States...
- MAX Speed limit is only 35. **True**
- People still hunt with bows/arrows. **True** it's called Archery...
- People still fish with nets. **True** this is a traditional fishing method.



The one topic that always comes up when “Guam” is mentioned. Despite what people and the internet say the island is NOT slithering with Brown Tree Snakes. These snakes are on the island however great efforts have been made to reduce their population and unless you go looking for them encounters are rare.



Dubbed “Islas de los Ladrones” (*Islands of the thieves*) by Ferdinand Magellan in 1521...There are a lot of rumors about the crime rate on Guam...

## Key points:

- Crime DOES exist in Guam, however the threat is considered low
- Terrorism threat is low
- Gang activity is minimal
- Use common sense. Out of Sight Out of Mind...
- Don't flash your stuff and don't leave it laying around.
- Your hotel doors and windows have locks, Use Them...
- Don't leave valuables in your car (lock your car!)
- Have and use situational awareness
- Get to know your neighbors
- Tell your landlord to look over your house when you're away



- To ship or not to ship??? That will be the question... You are permitted to ship one POV at the Navy's expense. Any additional POV's will be on your dime
- Note: Motorcycle/mopeds can be shipped in your Household goods shipment ...
- Used cars are available and are in the ball park of \$5000-6000 for something decent
- Guam is pretty hard on cars... A "beater" is referred to as a "Guam Bomb"
- If you intend on dipping into the used car market don't expect anything nice to be cheap
- There are some restrictions on importing cars in respects to age and modifications of the vehicle
- Shipping a POV to Guam will take the full 90 days if not more... Anything coming from OCONUS will go to the mainland first ("Jones Act") then get shipped to Guam
- My advise to you is if you have a decent car back home... Bring it
- Gasoline can be pricey off base. It runs about \$1.50 a gallon higher off base...
- Things here are pretty spread out... For such a small island you'll find nothing is very far but nothing is close either
- If you bring a car... It would be wise to buy and send any spare parts that might need replacing soon. Sometimes parts can be hard to find on island. You can always order them but that will add to the time your car is out of service
- You will need a rental when you get here. Rentals aren't cheap nor are they covered in your relocation expenses so plan on shopping around for the best deal
- Note: Once overseas you will be eligible to buy a "new" car from Military Auto Source.
- Car dealerships are also available off base
- Note: Things here are pretty spread out...

<https://www.pcsmypov.com/>



- Your US Drivers License will work here, but you will need to swap it out for a “Guam” Drivers License after you arrive (you’ve got 30 days). Just make sure your license is valid before you depart
- As of 2018, Guam Drivers License’s are compliant with the “REAL ID” act...
- YES, it’s true... The max speed limit on Guam is 35 MPH!
- Watch those traffic lights... Running Red Lights is common here (still illegal)...
- Getting directions can be some what difficult as they will usually reference a known building, bus stop, palm tree, intersection, or monument and then the place will always be “right there”
- GPS can be helpful but really you can’t get too lost on a small island



## Key points:

- ✓ You will want to make your reservations through Navy Gateway Inn & Suites (NGIS) ASAP <http://ngis.dodlodging.net/>
- ✓ Make your initial reservation for a minimum of 30 days, MORE if you can...
- ✓ Do not delay in making your reservation. The NGIS on Guam is small and books up fast. Take whatever they have available... NGIS has very limited pet friendly rooms (note: not all breeds are permitted)
- ✓ If the NGIS is fully booked ask for a reservation at a hotel out in town, the NGIS rate will be significantly lower than making a reservation by yourself
- ✓ Note Hotels off base are in the Tumon area which is about 15 miles (30 minute drive ) away from the base, NO SHUTTLE AVAILABLE You will need a car to get to and from work
- ✓ None of the Hotels including NGIS are within walking distance of the store...You will need a rental car

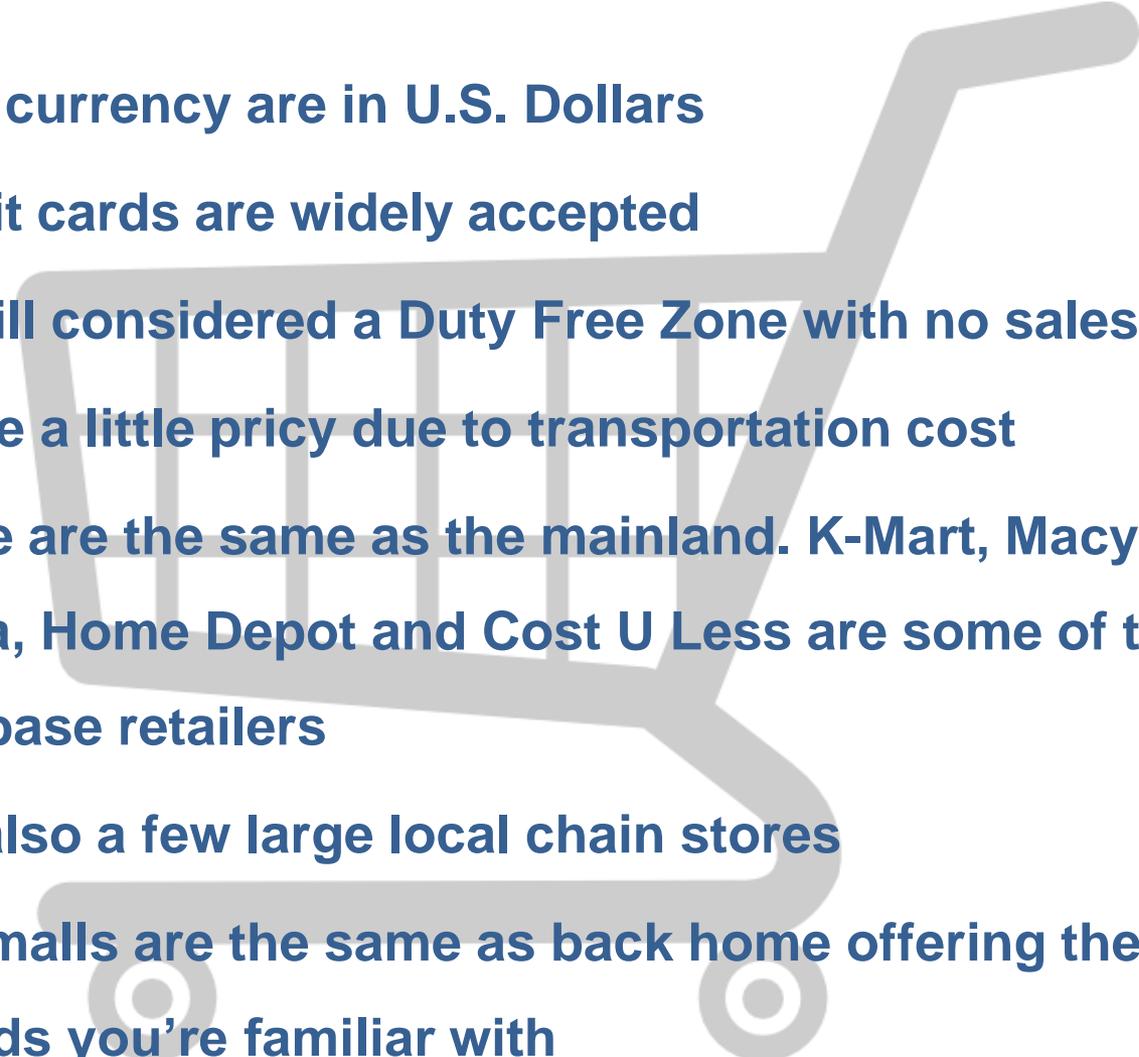
## Key points:

- ✓ If you bring a family, Base Housing may be available on Guam (you still pay rent), you will be on a wait list depending on the time of year, what is available and occupancy rate for civilians (capped at 15%), Utilities are included in rent, cable, internet and phone are not included NOTE: Wait time may exceed 90 days, be prepared to make arrangements for a short term lease
- ✓ Keep in mind houses are generally smaller out here
- ✓ Though you're OCONUS you will NOT receive a Living Quarters Allowance. This is still America...
- ✓ If you choose to live off base, find a good landlord, this is the most important thing. A good landlord will take care of you and your property
- ✓ If you intend on buying a home you need to be looking at what is available well before you arrive on Guam, get in touch with a local real estate agent and do your homework... Yes, you can buy a home on Guam... If authorized on orders, the NEX will cover a portion of the closing cost, inquire with HR upon arriving
- ✓ Initially, you have 30 Days of TQSE to find a place. TQSE extensions may be authorized on a case by case basis Don't drag your feet.
- ✓
- ✓ Rent off base is about \$1500-2500 for something decent, NOTE: rent will not cover utilities
- ✓ Be mindful of the proximity to the base, shopping centers, restaurants, roads, gas stations and daily traffic
- ✓ [https://www.cnmc.navy.mil/regions/jrm/installations/navbase\\_guam/ffr/housing\\_and\\_lodging.html](https://www.cnmc.navy.mil/regions/jrm/installations/navbase_guam/ffr/housing_and_lodging.html)

## Key points:

- ✓ Medical & Dental Services are available both on and off base
- ✓ You will need to register yourself and any family members with the Naval Hospital upon arriving, before services will be rendered
- ✓ For civilians the Naval Hospital is on a “Space Available” and reimbursement basis, NOTE: As of 2016 “civilians” are not permitted to schedule appointments for services. This means you will need to sit and wait for availability if you want regular service at the Naval Hospital. This does not apply to civilians with “Tricare” benefits (Retired Military)
- ✓ <https://www.med.navy.mil/sites/usnhguam/Patients/Pages/PatientAdministration.aspx>



- **Prices and currency are in U.S. Dollars**
  - **Credit/Debit cards are widely accepted**
  - **Guam is still considered a Duty Free Zone with no sales tax**
  - **Stuff can be a little pricy due to transportation cost**
  - **Stores here are the same as the mainland. K-Mart, Macy's Ross, Napa, Home Depot and Cost U Less are some of the bigger off base retailers**
  - **There are also a few large local chain stores**
  - **Shopping malls are the same as back home offering the same name brands you're familiar with**
- 

- You'll find there is a different sense of time here. "Island time" really doesn't exist
- Don't be surprised when people are late for appointments or when small shops aren't open



- 
- **Guam has a cornucopia of restaurants with just about every cuisine offered on island... There are literally hole in the wall places with amazing food for cheap and high end gourmet joints where you gotta let your pinky out...**
  - **Mainland staples such as McDonald's, Burger King, Wendy's, Pizza Hut, Papa Johns, Dominoes, Little Caesars, Pieology, California Pizza Kitchen, Sabarros, Popeye's, KFC, Subway, Submarina, Taco Bell, Del Taco, Panda Express, Winchell's, Denny's, IHOP, Village Inn, Baskin Robbins, Yogurtland, Applebee's, Hard Rock Café, Ruby Tuesday, Outback, Lone Star, TGIF, Tony Romas, Olive Garden and Red Lobster, are all on island...**
  - **Local food has it's own flavor... Guam is famous for its BBQ short ribs, red rice and kelaguen. Everyone always claims theirs is the best. It's a must try and you too will end up with your favorite local spot...**



**Your new address:**

*Your Name*  
PSC 455 BOX 178  
FPO, AP 96540



If you're not already, you will soon become an advanced on-line shopper. If sent "Priority Mail" you're looking at one to two weeks delivery. If mailed Standard Air Mail (SAM) or Parcel Post you're looking at anywhere between two weeks and three months. This really depends on the size of the box. Small boxes arrive quicker. Large boxes are sent via container (on a ship). Don't bother with the next day delivery, it's not going to work...

Helpful hint, receiving boxes or mail will brighten your day, try to make some of your purchases on-line.

USPS "Flat Rate" boxes are your best bet for family to send you goodies and vice versa.

You'll find many companies won't ship to FPO/APO, or Guam. If they don't, it might be worth calling or e-mailing them. You may have luck getting them to ship USPS by exception.

You can start mailing boxes in advance of your arrival. Save your receipts and you can claim the postage provided you don't go over your total pack out weight (household goods shipment).

If you are coming from an OCONUS location despite the "FPO" address NOTE you can't "MPS" to Guam as its considered the USA...

Also don't list the same address as "To" and "From". Your box may get kicked back and ultimately lost due to listing PSC address as both To and From.

- Guam's climate is pleasantly warm year-round
- The average temperature is 81 degrees
- The coolest and least humid months, marked by prevailing westerly trade winds, are December through February
- The warmest months are from March through August
- The annual rainfall totals 80 to 110 inches
- There are two seasons: Dry and Wet
- Typhoon Season (Much like hurricane season back home) is May – October. Emergency preparation is essential





- You will receive Temporary Quarters Substance Expense (TQSE) while you're in a temporary lodging. You are initially authorized 30 days of TQSE. This can be extended for a max of 90 days with NEXCOM approval. You will need to submit a worksheet every ten days to be reimbursed. Note the reimbursed percentage drops every 30 days
- Depending on your home of record and status you might not have to pay state tax
- While OCONUS you can shop at the Defense Commissary Agency
- You can use the Naval Hospital on a space available and reimbursement basis
- If you bring a family you can live on base (still have to pay rent)
- Dependent children can attend the DoDEA School and or base Child Development Center
- In addition to your Annual Leave you'll receive 15 days of "Home Leave" each year (must serve 24 months of consecutive service on orders OCONUS for eligibility)

**Check the Code H website for the most current Guam Benefits/Allowances table shown below.**

<https://intranet.nexad.nexweb.us/H/HS/Documents/Overseas%20Benefits%20and%20Allowances.pdf>

TOUR LENGTHS (MONTHS)		COUNTRY/POST:	LIVING QUARTERS ALLOWANCE GROUP 3 NF-04	LIVING QUARTERS ALLOWANCE GROUP 3 NF-04	POST*** ALLOWANCE (COST OF LIVING)	POST (HARDSHIP) DIFFERENTIAL	OVERSEAS NONFOREIGN COLA	NEXCOM SPECIAL ALLOWANCE*	EXCOM RELOCATION BONUS	R&R LEAVE & TRAVEL	DODEA ELEMENTARY/ MIDDLE/ HIGH SCHOOL AVAILABLE
Initial Accompanied/ Unaccompanied	Renewal Accompanied/ Unaccompanied	Annual Base Salary	With Family	Without Family	Family of Three						
		Non Foreign Area	Fed Tax Free	Fed Tax Free	Fed Tax Free		Fed Tax Free				
24/24	24/24	<b>Guam</b>	NA	NA	NA	11.99%	13.01%	10%			ES/MS/HS
		\$45,000				\$5,396	\$5,855	\$4,500			
		\$55,000				\$6,595	\$7,156	\$5,500			
		\$65,000				\$7,794	\$8,457	\$6,500			

The School Liaison Officer (SLO) is the primary point of contact for school-related matters. They represent, inform, and assist families with school-age children in determining placement in the local international area.

All of the above assignments include accrual of home leave in the amount of 15 days per year; home leave may be used after completing 24 months overseas service when taking leave in the U.S., iaw JTR. Associates who sign a renewal agreement to serve an additional overseas tour are eligible for personal and dependent travel to their home of record at NEX expense (save for Djibouti and Romania).

Most of the above noted allowances are determined by the Dept. of State and are subject to change on a regular basis.

%s and \$ amounts were taken from the DOS website on 05 AUGUST 2018; \*\*\*Post Allowance % is a % of "spendable" income not basic pay.

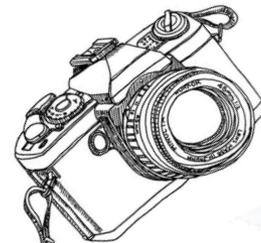
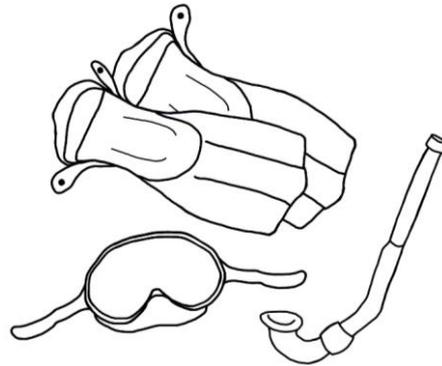
It's easy to burn out OCONUS. Be sure to take your days off.

- On your days off, if you don't need to go to the NEX... Don't go!
- You are going to accumulate a lot of leave. While OCONUS you can carry over 360 hrs of annual leave, USE IT! or Lose it...
- Get out and see the real Guam... Too many people come here and never venture out
- Travel outside of Guam
- Join a club/association
- Join a sports team
- Get a hobby
- Become a volunteer



Guam has a lot to offer however; keep in mind you don't want to take it all in at once. I say this because it's a small island. You're best off googling the info below.

- Museums
- Historic Sites
- Horse Riding
- Water Parks
- Guam Zoo
- Guam Aquarium
- Fisheye Reef Observatory
- Hiking/Boonie Stomps
- Zip Line
- Camping
- 4X4 Off Roding
- Local Raceway
- Fishing/Hunting
- Snorkeling / Scuba Diving
- Submarine Tour
- Duck Truck Tour



- River Tours
- Golf/Mini-Golf
- Shopping Malls
- Village Festivals
- Chamorro Village
- Night & Flea Markets
- Cinema Complex/Concerts/Shows
- Boating/Sailing/Kayaking/Parasailing
- Sky Diving
- Sky Zone
- Sport Shooting
- Spas
- Beaches
- Local Cuisine
- Lavish Brunches



Don't let the tropical climate fool you...  
These are signs of Dehydration.

- Headaches
- Nausea
- Cramps
- Dizziness
- Confusion
- Fainting
- Inability to sweat
- Dark urine
- Decreased urine output



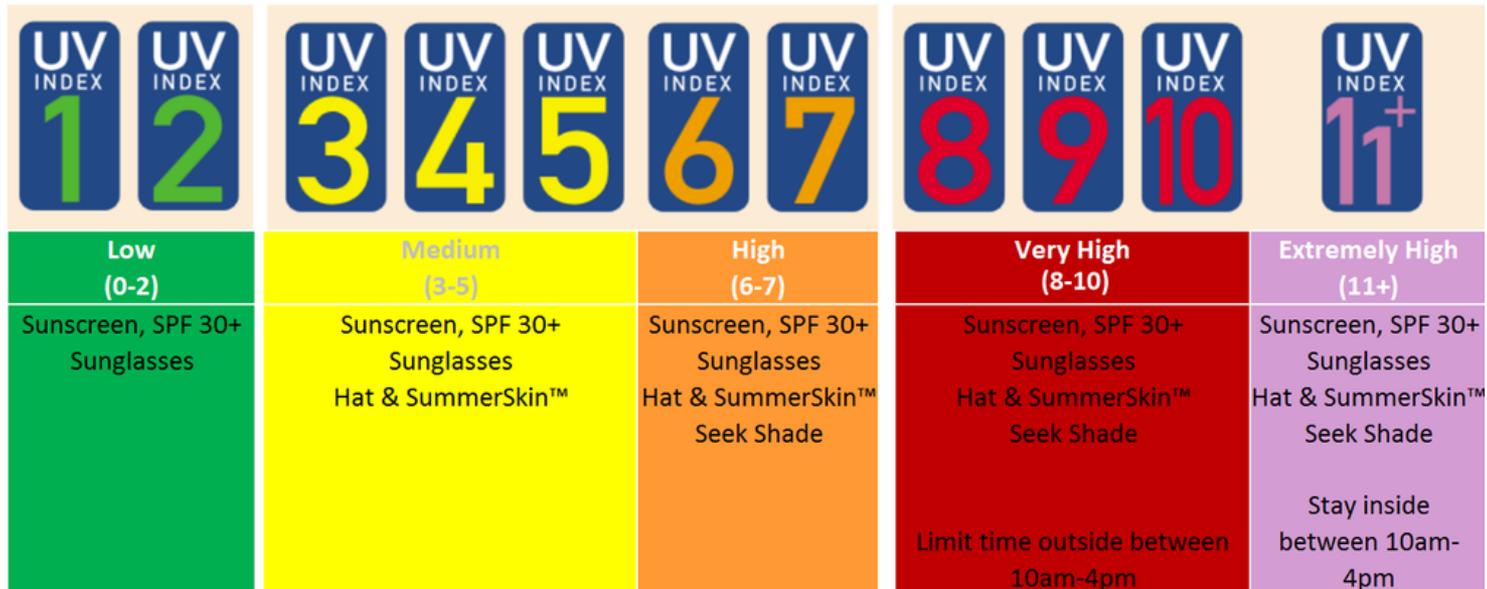
**DRINK  
WATER**

**Wearing Sunblock (SPF 30+)...**

Guam is 926 miles from the equator. That being said, you will be exposed to more UV light than what you are used to. For example, the southern United States gets 1.5 times more sunlight than the northern United States.

**Virginia Beach UV Index is 4**

**Guam UV Index is 10**



**As in any tropical climate mosquitos are prevalent  
Wearing insect repellent is highly recommended**



- An open mind... You're not in Kansas anymore
- If you got it bring it. Whatever it is you will regret not bringing it later . Trust me...
- Guam's electricity and wall outlets are 110V just like the USA
- If you're into a particular hobby bring supplies for that hobby
- If you bring a car. Bring any spare parts you might need replacing soon. At the very least buy the parts and send them in your pack out
- Bring lots of patience
- <https://move.mil/>



There are those that sign up for an overseas tour and think they can get by with a minimalist mindset. They don't ship/pack a lot and bring only what they feel they truly need. While this plan has merit, it also leaves you without your stuff. While it may seem like a hassle to move all your stuff you are going to want to live comfortably so packing your stuff will be worth the effort.



- An idea that you will be changing everything overnight
- Keep in mind houses are generally smaller out here. You need to seriously think about what you're bringing
- The wrong attitude
- A closed mind



You may have the option of putting some of your personal property in Non Temporary Storage.

Non Temporary Storage is housed in facilities obtained by the government. You will not have access to these items until you rotate back or request to have them delivered.

Note: None Temporary Storage may not be climate controlled.



## **Often times married folks ask; What will my spouse do?**

- You may elect not to bring your spouse however being geographically separated will add to the challenges of overseas life
- In Guam there are no restrictions for spouses to work on or off base
- GS and NAF positions may be available on base. Check USAjobs for current listings
- There are various clubs and associations both on and off the base to keep folks involved



- Yes it can be done...
- Have your sponsor get local school info to you ASAP
- Bring small toys for the trip
- Bring snacks for the trip
- Regardless of how small your child is, request a seat for them. You may need to bring an airline approved car seat. Trust me, it's a long flight, get a seat...
- If your child uses a stroller. Bring it on the plane. It may seem like a hassle at first but it will be worth it's weight in gold when transiting the airports. You can check the stroller at the gate before you get on the plane.
- Your children will be eligible to attend the DoDEA School K-12
  - K-8 <https://www.dodea.edu/McCoolEMS/registration.cfm>
  - 9-12 <https://www.dodea.edu/GuamHS/registration.cfm>
- If you need day care your child can attend the base CDC. Military Dependents get priority placement. However, once you get your orders you can notify the CDC and have your child placed on the waiting list
  - <https://www.militarychildcare.com>



- Yes it can be done...
- This can also be expensive (it's on your dime \$\$\$)...
- Coming from CONUS you will need to find a "USDA" approved veterinarian to complete your pets health certificate
- There are travel restrictions based on breed and size...
- There are also import restrictions
- Import documents must be done **"IN ADVANCE!"**
- DO NOT DELAY ON THIS...
- Contact the airline you will be traveling with to get the most current info
- Contact the Pet Quarantine Facility on Andersen AFB ASAP for current information on importing pets to Guam
- Pet Quarantine: 1-671-366-5020
- NBG Vet Clinic: 1-671-366-3205
- If you think you can just show up with your pet, you're wrong and YOU WILL get turned around at the airport and HAVE TO leave the island
- Import documents must be done **"IN ADVANCE!"**
- Do not rely on info from websites or what others have done. **This information changes regularly. Only accept current info from the NBG Vet Clinic, Pet Quarantine, or the airline**
- I can't stress the **"IN ADVANCE"** part enough...

- Go to your favorite restaurants and get that last taste of home
- Spend time with friends and family
- If you don't already have one get an Navy Federal Credit Union account (they have a branch on Guam)
- If you are coming from an OCONUS location, try and get USAA insurance (if you don't already have it) before leaving your old duty station
- Ask questions regardless of how ignorant they may sound. Your Sponsor has already done what you're about to do. Now is the time to ask...
- Tell your sponsor how much luggage you will be arriving with so they can have an appropriate size vehicle ready

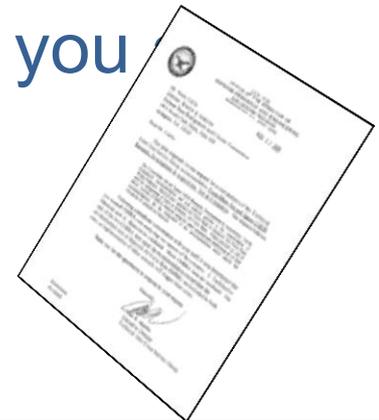




If coming from the mainland and your flight lands in Hawaii... TAKE NOTE... They are **NOT** going to feed you as it's considered "domestic" and it's a long flight. If your flight to Guam is direct from Hawaii... TAKE NOTE... They are **NOT** going to feed you as it's considered "domestic" and it's a long flight. Bring food and snacks with you on the plane. Yes, I'm serious...

After you arrive you will need to check in with various offices such as NEX-HR, PSD, CAC ID Office, personal property, the vehicle processing center, housing, schools/CDC, vet clinic, the Naval Hospital, etc...

Be sure you check in with the local NEX HR Office ASAP. You will need to get your CAC ID updated. If not updated you will not be able to register for services on the base or enjoy commissary shopping privileges (unless you are retired military)



Lastly upon your arrival and throughout your tour, you need to realize and continually remember you're not at your old location and this is not the mainland. This place is different. You will be experiencing a different kind of heat, new places, new faces, new customs and new languages. Things will move at a different pace, some slower, some faster. Things will get frustrating. The important thing is that you remain flexible and stay focused.



**NEXCOM nexweb HUB Relocation and Benefits:**

<https://intranet.nexad.nexweb.us/H/HS/Pages/Relocation.aspx>

<https://intranet.nexad.nexweb.us/H/HS/Documents/Overseas%20Benefits%20and%20Allowances.pdf>

**This is Guam:**

<https://www.youtube.com/watch?v=KP4lOCsieD8&nohtml5=False>

<https://www.youtube.com/watch?v=j9l9JmkA5q0&nohtml5=False>

**Scheduling and Shipping your Household Goods (HHG) Personal Property:**

<https://move.mil/>

**Scheduling and Shipping your vehicle (POV):**

<https://www.pcsmypov.com/>

**Navy Temporary Lodging Reservations:**

<http://ngis.dodlodging.net/>

**Naval Base Guam Housing Office:**

[https://www.cnic.navy.mil/regions/jrm/installations/navbase\\_guam/ffr/housing\\_and\\_lodging.html](https://www.cnic.navy.mil/regions/jrm/installations/navbase_guam/ffr/housing_and_lodging.html)

**Naval Hospital Guam:**

<https://www.med.navy.mil/sites/usnhguam/Patients/Pages/PatientAdministration.aspx>

**NBG Child Development Center and School Age Care:**

<https://www.militarychildcare.com>

**Department of Defense Schools on Guam:**

K-8 <https://www.dodea.edu/McCoolEMS/registration.cfm>

9-12 <https://www.dodea.edu/GuamHS/registration.cfm>

**Upon your arrival be sure check in with our Loss Prevention team to review the required Guam Safety Brief for Newcomers.**



