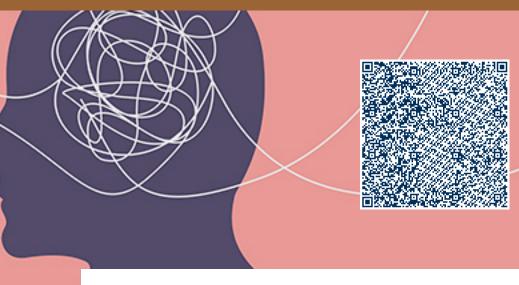


Navigating Anxiety



Anxiety is a normal response to stress. But it can also affect your daily life. Learn its causes. You can understand and recognise anxiety.



Freephone 800 852 8674



WhatsApp +1 984 920 6875 Message only





Website

http://www.magellanhealth.com/global Company Code: nexcom



Book an Appointment

Log on to your member website to schedule an appointment.



iConnectYou

Download the member app and register using the passcode: 7909

SUPPORT IS AVAILABLE 24 HOURS PER DAY, 7 DAYS PER WEEK